THE VOICE OF THE HIGHLAND CREEK COMMUNITY SINCE 1976

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THE VILLAGER XLVIII NO. III

SPRING EDITION

APRIL 2024

Hunger Doesn't Take Holidays!

Whether it be Thanksgiving, Christmas and Hanukkah or more recently Easter, Ramadan and Holi, traditionally, we see messages and requests for food donations during these annual holiday times. Sadly, hunger is an ongoing, year-round occurrence, and consequently, so is the ever-growing need for food donations to our local food banks.

Our Holiday Tree Lighting event saw our

local community generously donate ap-

provided to our local Feed Scarborough

food bank at Kingston Road and Manse.

nesses and the community collected

proximately 500 pounds of food. This was

Additionally, fundraising with our local busi-

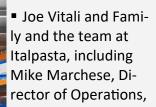
\$4,560, with an additional \$4,000 from the

Highland Creek Community Association

Building on the 506,150 pounds in 2021 and 501,850 pounds in 2022, a further 636,000 was donated in 2023. The cumulative total of 1.64 million pounds of food has a value of ~\$850,000.

None of this would be possible without the generosity of everyone involved in making

> this happen. This includes:



- Dave Cattapan, President, MiTek Industries/Berkshire Hathaway for distribution cost assistance,
- Fast-Links Transportation for coordina-

tion and logistics, and,

 Highland Creek Community Association for continuing to bring these messages home to all.

Food banks in Toronto and beyond are at a breaking point. And all levels of government need to do much more and make this a priority issue to address. No one in Canada should have to go to bed hungry or have (HCCA). The total of \$8,560 was provided to to choose between keeping a roof over their head or eating.

The reality of the demand on our local food

banks and related statistics are sobering:

- Food banks in Toronto have seen an astonishing increase of 154% in new clients over the previous year,
- For the first time, the number of food bank visits in Toronto has exceeded 2 million for the year starting April 1, 2022 - 2.53 million total and a 51% increase,
- 3 out of 10 food bank clients have gone an entire day without eating,









■ 1/3 of all Daily Bread Food Bank donations go to food banks in Scarborough, including Highland Creek.

Unfortunately, this ongoing issue seems to be with us for the foreseeable future. Consider making food donations to local food banks a regular part of your weekly shopping trip. Pick up an extra box of pasta or bag of rice, some canned soup or vegetables or other non-perishable food items and drop them off on your way back home.



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Annual General HIGHLAND CREEK Meeting of the **Highland Creek** Community Association • FIND OUT WHAT'S HAPPENING Members -IN YOUR COMMUNITY Memberships HCCA BOARD ELECTION can be • REFRESHMENTS & SNACKS purchased at • FREE DRAW TO WIN A LIMITED the door EDITION "I W HIGHLANDCREEK"

Wednesday

May 15th

7:00pm - 9:00pm 305 Morrish Road Legion Branch 258

Speakers:

- Scarborough Rouge-Park Elected
- HCCA Board

For More Information about the HCCA:

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Visit our official website at www.www.myhighlandcreek.org to learn more about the Highland Creek Community Association. For inquiries or concerns, please contact myhighlandcreekcommunity@gmail.com follow updates at instagram: highlandcreekvillager

The Villager

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Thank you!

TO ALL OUR DEDICATED VOLUNTEERS WHO SHARE THEIR TIME AND ENERGY TO BE OF SERVICE TO THEIR NEIGHBOURS AND TO OUR COMMUNITY!

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A Message From Our HCCA President Joy Loewen

Welcome to spring! While there wasn't much of a winter to get over, it's always nice to see the tulips come up and get outside without a toque and mitts.

Our Annual Festival of Lights was another great success this year, and we thank our supporters and volunteers organized by Elma Todkill. Bill Yarn, Vice President of the HCCA, led the challenge to support our



Elma Todkill (L) organized the community tree lighting and is shown with Donna Heinrich – one of our newest HCCA members.

local Food Banks. Bill spent the year collecting food donations and it culminated at the Highland Creek Holiday Tree Lighting event with our local business donating \$4,560 dollars and the HCCA contributing \$4,000 for a total cash donation of \$8,560 to the Daily Bread Food Bank. HCCA donations to the Daily Bread Food Bank

throughout 2023 exceeded 636,000 pounds!

Mark your calendars – the Highland Creek Heritage Festival is back on June 15th! This event keeps getting bigger and better and is fun for the whole family. Want more ideas? After the Heritage Festival, you can join Port Union at their Waterfront Festival on June 22nd. Don't forget Earth Day April 20th - we have our annual cleanup day scheduled for that day where volunteers will meet that morning at the Wesleyan Cemetery to grab their garbage bags and gloves.

May 15th will be the date for our Annual General Meeting held at the Royal Canadian Legion at 305 Morrish Road from 7 – 9pm. This is your opportunity to meet the HCCA board, hear what the HCCA has been up to, what we're working on and hear from our local politicians. It's also a great opportunity to visit the new Legion, meet your neighbours and enjoy some refreshments. This year is an election year so think about getting involved. We will be looking to fill a few Board seats, and this is an opportunity to help make a difference in your community.

We welcome your content and ideas for inclusion in The Villager. They can be sent

to highlandcreekvillager@gmail.com. Make your voice heard! The Highland



Creek Community Association, along with our Wesleyan Cemetery grounds crew and Villager deliverers, are Highland Creek residents that are passionate about keeping Highland Creek the best neighbourhood in which to reside. If you have any ideas on how to make that happen, please reach out to me at myhighlandcreekcommunity@gmail.com.

If you enjoyed the Festival of Lights, are planning on taking in the Heritage Festival or are enjoying the paper you are currently reading, you may be asking how you can contribute. You can support the Highland Creek Community Association by becoming a member for only \$10 a year. Visit www.myhighlandcreek.org and click on HCCA membership to learn more. You can also volunteer or come out to one of our monthly meetings. If you are interested, reach out to myhighlandcreekcommunity@gmail.com and ask when the next meeting is being held.

Look after yourselves, your families, and your neighbours.

Joy



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Somatic Education Significantly Lowers Low Back and Neck Pain

Nicole Ablack-Ramkay, Pain Resolution Therapist/Somatic Educator

Are you the kind of person that needs proof Sensory Motor Amnesia. Sensory Motor that something works, before trying it?

Somatic Education results in marked reductions in low back and neck pain, among other significant results. The Journal Article, titled Effect of Hanna Somatic Education (HSE) on Low Back and Neck Pain Levels, published by authors Huang Qiuju and Babgi Amani, evaluated the clinical effect of only 2.8 clinical sessions of HSE, the pa-HSE (Hanna Somatic Education) on low back tients reported a significant reduction in and neck pain and determined differences in pain, use of pain medication, and number of doctor visits before and after 6 months of HSE sessions.

The study taught patients how to regain awareness of sensation and cortical control of muscles and movements impeded by

Amnesia is where the brain has a voluntary loss of control over muscles and is a major cause of chronic muscle pain. In the study patients were taught sensory and motor training using a technique called Pandicula-

The results show that after an average of chronic spinal pain. In the 6 months before and after the experiment using Hanna Somatic Education, the number of patients using pain medication decreased from 53.5% to 13.6%, and the mean number of doctor visits reduced significantly from 2 to 0.5.

Pain Resolution Therapy puts the power to heal in your hands through an embodied approach to healing that encom-

passes Thomas Hanna's Clinical Somatic Education with nervous system support and regulation, yoga therapy, and breathing practices to grow your understanding of just how your brain and muscles work, how your nervous system works and your understanding of the interconnectedness of your mind, body and spirit and how that relates to pain and healing.

The results are life changing. When you can reduce or resolve your pain, you begin to come back home to yourself and experience more ease, peace, and joy in your life!



Release energetic blocks & pain, reconnect with your body's innate ability to heal itself using somatic-based practices that speak the language of the nervous system, mind, body, & spirit.



Contact: nicole@resolvepainguru.com

www.nicoleablackramkay.com I www.resolvepainguru.com

Strengthening Abdominal Muscles Will Not Relieve Your Tight Back Muscles

Nicole Ablack-Ramkay, Pain Resolution Therapist/Somatic Educator

Strengthening your core by tightening your variety of ways: abdominal muscles does not relieve chronic back pain. In fact, this approach could potentially make things worse!

When you take the approach to strengthen or tighten the belly muscles in order to counterbalance a tight back you are working against your body. The result is a cocontraction of the front and back body muscles which creates a braced-liked situation that layers on more problems than it

When you strengthen the abdominal muscles to make them "JUST AS TIGHT" as the back muscles the result is a rigid cocontraction of the front and back body. This creates a braced or locked down scenario. This solution does not address the root cause of your tight back muscles. Your back muscles remain tight and now you have added tight abdominal muscles which inhibits proper functional movement from the center of the body. This will exhibit in a

- the ears with straight elbows
- · knee or foot pain
- · poor bowel function
- restricted breath
- · weak core muscles
- tight hip flexors
- weak gluteal muscles

A stunning combination of symptoms that lead to instability and chronic pain. Abdominal strengthening becomes a band-aid solution and catalyst for more complications instead of a solution.

"If you want to untie a knot, you must look at the cord carefully then gently undo the tangle. Yanking on the cord will only make the knot tighter." — Thomas Hanna

Thomas Hanna, the founder of Hanna Somatics recognized that pain resides in the brain. If your muscles are controlled by your brain, then utilizing the brain to help muscles release makes sense.

 difficulty lifting your arms up alongside He developed a technique he called PAN-DICULATION to relieve persistent tension or pain. The technique of Pandiculation addresses the brain's role in controlling muscles in the body. This methodology teaches you how to relieve your tight back muscles by retraining your brain which resets the length of your tight muscles and gives the brain control over them again.

> Re-establishing cortical control over your tight back muscles means that you start by contracting them a little more incorporating the brain in the action. Yes, that is right! Instead of lengthening your tight back muscles, you actually contract them a little more. Then invite them to slowly lengthen as you release the contraction. This process called Pandiculation triggers a release response to relieve your tight back muscles.

This approach is a root cause perspective that results in pain relief, improved mobility, and a stronger more functional core.

Toronto Public Library

What is Happening at the Highland Creek Branch?

Friday Afternoon Book Club

Join us on the 2nd Friday of the month from 2:00 p.m. - 3:00 p.m. to discuss books in a fun and friendly atmosphere. Space is limited; please call the Highland Creek Branch at 416-396-8876 to register.

<u>Wednesdays - April 10th - May 29th from 1:00 p.m. - 2:00 p.m.</u> <u>EarlyON Program: Let's Learn Together</u>

This is an interactive program for families with children ages birth to 6 years. Families are welcome to engage in a variety of fun early learning experiences that build positive relationships. Enjoy an hour of songs, finger play and stories. Drop-in, no registration required.

Saturday May 11th from 2:00 p.m. - 3:00 p.m.

NatureTO Urban Forest Tree Identification Tours

The Highland Creek branch and its neighbourhood is home to a variety of trees. Join the Forestry staff to explore the natural world

on a local neighbourhood walk. Space is limited; please call the Highland Creek branch at 416-396-8876 to register.

Wednesdays - June 5th - July 10th from 10:30 a.m. - 11:30 a.m. Storytime at the Library

Come join us for an hour of songs, stories, finger rhymes and a craft. Ages 18 months to 5 years. Space is limited; please call the Highland Creek Branch at 416-396-8876 to register.

July and August summer programs are being planned! Watch our website for more information at www.tpl.ca.





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Jennifer McKelvie Deputy Mayor, Scarborough Councillor, Scarborough—Rouge Park

Happy Earth Month, Highland Creek!



Dear Neighbours,

To celebrate Earth Month, we'll be at the Community Earth Day at the Port Union Community Centre on April 20, 9:30AM to 2:30PM. There will be native plants available, herb boxes, and rain barrels on display along with kid-friendly activities, a book swap, and on-site shredding. Our office will be providing free compost starting at 10:30AM while supplies last. Bring a shovel and pail to bring some home!

You can also join us for an Earth Day Cleanup on April 20 from 1PM-3PM. We will readiness, a meet in the Lakshmi Narayan Temple parking lot at 1 Morningview Trail. Gloves and bags will be provided, and student hours are available. employmen readiness, a community reintegration programming to youth

We will be also hosting our Community Environment Day on May 26, handing out free bagged compost, accepting donated items for reuse, and handling disposal of electronic waste and household hazardous waste products. We will share details in our e-newsletter, and the list of what you can bring is online at toronto.ca/community-environment-days.

Local Investments

The City of Toronto 2024 Budget includes several important investments that will support Highland Creek and surrounding neighbourhoods.

Transportation

The budget includes an increase in funding for the Vision Zero Road Safety Plan, the largest investment ever made by the City for road safety improvements. Here in Highland Creek, that includes funding for the design of the Ellesmere Complete Street Project. Thank you to residents that attended the Open House in February. Roadwork is planned for 2026 and it provides an opportunity to review the street for changes with the goal to improve safety, accessibility and operations for everyone. The project proposes cycle tracks, multi-use trails, safety and accessibility improvements and other design elements. We will continue to inform you about public information sessions in our e-newsletter, and you can learn more at:

toronto.ca/ellesmerecompletestreet.

Parks and Recreation

Investments in the 2024 budget include continued construction of the \$80M North East Scarborough Community Centre project at Sheppard Ave E and Conlins Road. The Heron Park Pool will also receive new outdoor lighting to allow for extended evening pool hours, and a new dogs' offleash area is coming to Bob Hunter Park this fall.

Toronto Zoo

The Toronto Zoo is turning 50 this year and

the 50-year-old entrance area is being replaced with a community and event space that will include classrooms, labs, programming space and habitats.

Coldest Night of the Year Supporting Fernie Youth Services

In February, my office participated in the Coldest Night of the Year Fundraiser to raise money for Fernie Youth Services in Scarborough. Fernie provides residential assistance,

employment readiness, and community reintegration programming to youth across the GTA. Thank you to everyone that came out to walk or donate.

If you're looking for help with your lawn this season, Fernie Works offers full-service residential and

commercial lawn maintenance including grass cutting, overseeding, and other services. To find outmore, visit fernieyouth.ca/fernieworks/.

Stay in Touch

If you'd like to get in touch or sign up for my e-newsletter, please email me at **councillor mckelvie@toronto.ca** or call 416-338-3771.



My office and I during the Coldest Night of the Year fundraiser, raising money for Fernie Youth Services in February.

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Highland Creek History: The Rouge Valley Inn

The Rouge Valley Inn was located on the

of the pool, upon the discovery of the body, now owned by south side of Twyn Rivers Drive, just east of Police and Firefighters worked for more

> than two hours trying to resuscitate the victim before he was pronounced dead.

> As a side note, in December 1958, Reeve A.M. Campbell suggested a proposal by the Toronto Conservation Authority to build a 990 ft. dam across the Rouge Valley be considered. The dam would have been 98 ft. high and would have created a lake of over 257 acres in size. This

was to be part of a \$ 35 million dollar flood control project which was approved in principal December 12th by the 51-member Metro Toronto Conversation Authority. This project would have provided a maximum storage of over 9,600 acre-feet of water. Thankfully, this project, which would have effected other municipal jurisdictions, nev-

of the Frazioni Company Limited. When fire crews arrived, they found the building to-





tally engulfed with a column of flames 150' high and a portion of the roof already collapsed. The Inn being in the Rouge Valley was not serviced with water mains at that time. Fire crews would have typically drawn the water from the pool created by a dam on the river, which they found to be dry. Mr. Gambin, believing the swimming season was over had drained the pool the day before the fire broke out. As a result, fire crews had to drive a pumper further downstream and run extra hose lines. During 1962 a two-storey concrete addition was added to the back of the building overlooking the dammed river. With this addition complete, the Inn had now become a restaurant, beer hall, licensed dining lounge, dancehall and athletic facility.

The Rouge Valley Ski Resort, which was located south of The Little Rouge River at 10 Twyn Rivers Drive, opened during January of 1969. The business was later purchased by Repac Asphalt and Construction, an asphalt producer with offices on Sheppard Avenue., west of Meadowvale Road. The business was to be called Caper Valley Ski Hill (a reverse of the Repac name). The ski hill was broken into two runs: one with a T-Bar Lift and the other with two tow ropes to ascend to the top of the hill. The business closed in the late 1970s yet the hill is still used today for tobogganing and sledding by local people.



the Scarborough/Pickering Townline. The Inn opened in the early 1920s, with the main building being an original stone farmhouse. During 1930, the river was dammed to create a large swimming area. A lighthouse was constructed in 1935 as part of the general playground area. At this time,

the pool and recreation grounds surrounding the Inn were considered to be one of the finest in North America. The owners of the property and business were Mrs. Olive Griffen-Holland and her husband. It was reported that during October 15, 1954, when Hurricane Hazel struck with devastating results, "A tidal wave of water swept

away part of the dam, along with the amusement pier, when the hurricane hit after midnight". The usually calm water of the Rouge River rose to a level of over 20' during the height of the hurricane. Concrete dams were washed away by the surging waters, with huge boulders left in place of the once beautiful pool. Damage to The Rouge Valley Inn was reported to be over \$200,000 with the dam, lighthouse and tower, along with Playland, being totally destroyed. The pool was completely demolished and parts of the Inn itself suffered damage, leaving the grounds in shambles.

As reported in The Scarboro Advertiser Newspaper, Mrs. Olive Griffen-Holland, one Tragedy struck once again. of the owners of the famous Rouge Valley Inn, said in a statement to the Advertiser last Saturday, "The Inn and swimming pool will be ready by next summer. It is an immense job of reconstruction, but clearing is already underway and we will have the whole grounds looking better than ever by next summer," she said.

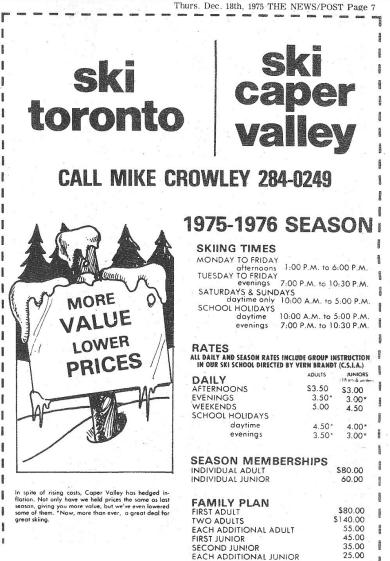
Tragedy struck during August of 1955 when a local boy, John Fortin, drowned in the swimming area at The Rouge Valley Inn. After he was reported missing, a human chain was formed to walk along the bottom

er came into being.

Sometime after July 1962, the Inn was sold and the name changed to Rouge Valley Olympic Inn. At that time, new banquet rooms were added to cater to weddings, banquets and social gatherings with live entertainment provided. Bookings could be made through telephone numbers AT2-1771 and AT2-3384

On Sunday, July 25, 1965, 22 year old Mr. Ottavio Bruno was drowned in 6 ft. of water at the dam. The river water was never clear and difficulty in seeing anyone under water would have been next to impossible.

During the early morning of October 23, 1968, a \$350,000 fire totally destroyed the Inn which was





Anu Sriskandarajah Trustee, Ward 22 Toronto District School Board

Anu.Sriskandarajah@tdsb.on.ca

Dear Highland Creek Community Members,

Student Mental Health and Well-Being Resources

Supporting students and fostering daily positive mental health and well-being in all school communities is a priority at the TDSB. Visit the MHWB website to access mental health toolkits, identity affirming resources, and information about a variety of wellness topics. Whether you need immediate support, or want to learn more about a particular topic, there's information and support available. [https://www.tdsb.on.ca/Elementary-School/Supporting-You/Mental-Health-and-Well-Being-Professional-Support-Staff-PSS]

Learn4Life Adult Community Programs - Spring Registration Now Open!

Did you know the TDSB offers lots of adult programs? Spring 2024 registration is now OPEN for Learn4Life's Adult General Interest Program! Open to adults 18 years of age and seniors, the Learn4Life program offers a unique and valuable opportunity for individuals to pursue their interests, expand their knowledge, and engage in lifelong learning with a wide range of courses and activities designed to cater to diverse interests and passions. Visit Learn4Life's program page for more information. https://www.tdsb.on.ca/Adult-Learners/Learn4Life

Greek Heritage Month at the TDSB

At the TDSB, we were proud to recognize Greek Heritage Month during the month of March. During the month of March, we had several activities that were shared to mark Greek Heritage Month. This year's theme was: "Greek Thought and Civilization: From

Myth to Logos" ---- «Ελληνική Σκέψη και Πολιτισμός: Από τον Μύθο στον Λόγο».

Budget Update

It is that important time of year again, whereby the TDSB plans the budget for the upcoming year.

The TDSB's revised annual operating and capital budget is approximately \$3.7 billion. School boards are required to submit a balanced budget plan to the Ministry of Education at the end of each school year. In June 2023, the TDSB approved a budget of \$3.6 billion with an estimated 0.5% operating deficit approved by the Ministry of Education. While the TDSB stays committed to using these resources as responsibly as possible, the funding provided by the government does not fully meet the needs of students in Toronto. To address the ongoing financial constraint, the TDSB developed a three-year deficit recovery plan to balance the budget.

The cost of supply teachers is also under funded as the province does not provide funding for the increase in absenteeism.

Funding Gap School Based*		Provincial funding	2023-24 Projected	Funding Gap	% Gap
Elementary Teachers	Page 19	1,094,263,650	1,148,195,363	(53,931,713)	-4.7%
Secondary Teachers	Page 20	510,271,839	534,827,601	(24,555,762)	-4.6%
Supply Staff	Page 21	109,788,798	115,216,890	(5,428,092)	-4.7%
Early Childhood Educators	Page 22	66,994,696	77,322,783	(10,328,087)	-13.4%
Principals and Vice Principals	Page 23	114,604,726	142,072,444	(27,467,718)	-19.3%
School Office Support	Page 23	65,001,568	80,665,565	(15,663,997)	-19.4%
School Budget Expenditures	Page 24	48,896,521	45,311,182	3,585,339	7.9%
Total School Based Gap				(133,790,030)	
		Provincial	2023-24		

		Provincial	2023-24		
Funding Gap Central Support		funding	Projected	Funding Gap	% Gap
Transportation	Page 27	78,614,416	74,348,656	4,265,760	5.7%
Administration and Governance	Page 28	68,099,431	92,159,342	(24,059,911)	-26.1%
Information Technology	Page 29	19,873,485	67,330,651	(47,457,166)	-70.5%
Total Central Gap				(67,251,317)	
GRAND Total Funding GAP				(201,041,346)	

provincial funding and the actual expense of school boards. The table below summarizes the projected 2023-24 significant provincial funding gaps between the TDSB costs and provincial fundings (excluding time-limited COVID related funding in 2023-24 school year).

The TDSB utilizes sources of funding and other revenues, such as international student tuition and lease revenues, to offset the funding gaps. Ministry allocations are only restricted in a few areas including Special Education and Capital. Beyond these areas, school boards have flexibility in spending these grants. Therefore, English as a Second Language, French as a Second Language, Learning Opportunities and Declining Enrolment are used to help offset the funding gaps.

The chart below identifies the funding GAP the TDSB is experiencing for employee benefits. This amount has been increasing over the last 6 years, as benefit costs have increased, yet Ministry of Education funding has not kept pace. While the TDSB contin-

ues its efforts to provide a safe workplace for all, Long Term Disability (LTD) and Workplace Safety Insurance Board (WSIB) costs continue to rise. Moreover, Canada Pension Plan (CPP) and Employment Insurance (EI) premiums which the Board has no control over, continues to increase with no additional



HIGHLAND CREEK COMMUNITY ASSOCIATION NEEDS VOLUNTEERS!

Be part of a community of fellow volunteers!

JOIN US AS WE DO WHAT WE CAN FOR OUR NEIGHBOURHOOD!

HCCA is a volunteer-based, charitable non-profit organization, we gratefully accept volunteers from all backgrounds!

Visit the HCCA official website at www.myhighandcreek.org to learn more. For inquiries or concerns, please contact: myhighlandcreekcommunity@gmail.com

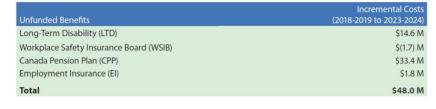
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We need you! - Event planning and organizing - Food drives

- Community Event Support - Newsletter Reporter Newsletter Photography -Newsletter Carrier

- Community cleanups -Social Media, Web support



School boards across the province continue to struggle to support the needs of their students as there is a significant gap between funding from the Ministry of Education to offset these increases. These incremental amounts below are components of the GAPs identified in the funding gap tables and represent the current annual cost to the Board above and beyond Ministry funding.



SPRING SPECIAL

Free blowout with any colour service.

*First time clients only with mention of this ad until May 31/2024

Stormwater Charge & Water Service Charge Consultation

Background

The City's water and wastewater services (including management of stormwater) are funded using a "pay-as-you-go" system that charges a combined water and wastewater consumption rate called the "water rate" based on the volume of water a customer uses.

Since 2012, the City has consulted at various times on possible changes to water rates, fees and charges including a stormwater charge that would be dedicated to funding the City's stormwater management initiatives. A proposal for a stormwater charge for all property classes was considered by City Council in 2017.

In 2020-2021, the City undertook focused consultation with interested parties on a possible stormwater charge for commercial and industrial properties only, as well as an administrative water charge (referred to as a water service charge) for all properties.

In July 2021, <u>City Council</u> directed Toronto Water and the Chief Financial Officer to further consult with the public and interested parties on possible changes to water rates, fees and charges, including a stormwater charge, stormwater charge credits and an administrative water charge (also referred to as a water service charge).

Stormwater Charge

Stormwater is rain and melted snow. When not absorbed into the ground, stormwater runs off hard surfaces, onto streets, down storm drains and through a network of pipes that carry it into local waterways.

In urbanized areas like Toronto, there are a lot of hard surfaces. When severe storms happen, more stormwater runs off hard surfaces and enters the City's sewer system. Too much stormwater can overwhelm the City's sewer system, which can lead to flooded basements and impacts to surface water quality in Toronto's rivers, streams, and Lake Ontario's waterfront.

What the City is doing to manage stormwater

The City takes a multi-pronged approach to manage the harmful impacts of stormwater. The City's stormwater management initiatives include:

- Multi-year capital programs (the Basement Flooding Protection Program; to reduce the risk of basement flooding from extreme storms)
- Wet weather flow projects e.g. the <u>Don River and Central Waterfront</u> <u>Wet Weather Flow System</u> to im- prove water quality, and water- course erosion control projects to protect city infrastructure
- New and upgraded stormwater ponds, sewers, storage tunnels, tanks
- Green infrastructure on city streets
- Mandatory Downspout Disconnection Program

Public education and outreach.

Stormwater charge

The water rate that water users currently pay as part of the utility bill includes costs for stormwater management.

The City is consulting on a proposal for a stormwater charge that would be dedicated to funding the City's stormwater management initiatives. A stormwater charge would be based on the impact of a property with respect to stormwater runoff to the City's storm sewer system, which is represented by the amount of hard surface area on a property. Hard surfaces include roofs, asphalt driveways, parking areas and concrete landscaping.

Continued on Page 16







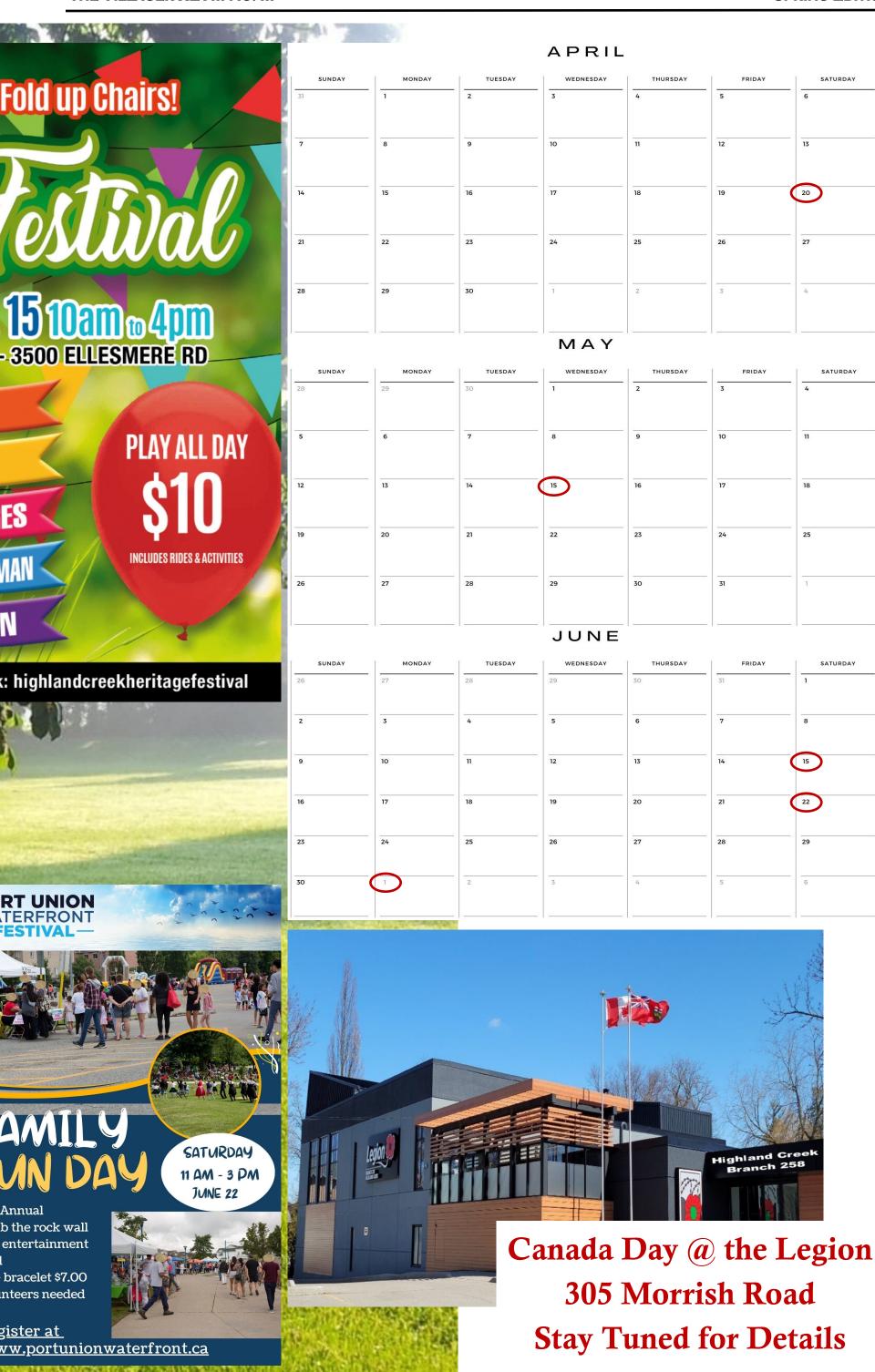
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SATURDAY

SATURDAY

15

22







Craving a delicious pizza? Look no further than Mark's Pizzas! Our full pizzas are made with the freshest ingredients and cooked to perfection. Choose from a wide variety of toppings to customize your pie just the way you like it. And for those on the go, we also offer slices (Thursday and Friday 11:30-1:30) so you can enjoy a quick bite on the go. Stop by Mark's Pizzas today and taste the difference!

Pre-Order online at www.markspizzas.com or walk-in on Wednesdays! Hours: Wednesday: 4:00 - 7:30, Thursday and Friday: 3:30-8:30, Saturday: 3:00-8:30







Gary Anandasangaree Member of Parliament Scarborough—Rouge Park

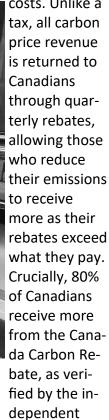
Meeting the Health Needs of Canadians

Many Canadians face financial barriers when trying to access effective and lifesaving prescription drugs. As Canada's health needs evolve, we are working towards a plan where Canadians can obtain their prescribed medication, regardless of their ability to pay.

ty to scapegoat carbon pricing while disregarding or distorting the facts.

The carbon price was introduced in 2019 to encourage individuals and businesses to find the most efficient way to reduce their emissions—a goal aided by grants and rebates that help lower heating and fuel

costs. Unlike a tax, all carbon price revenue is returned to Canadians through quarterly rebates, who reduce to receive more as their what they pay. Crucially, 80% of Canadians receive more from the Canada Carbon Rebate, as verified by the in-



an effect, to be sure, but not to the dramatic extent claimed by those seeking a scapegoat for Canada's affordability challenges. **Lowering Greenhouse Emissions**

than half a percentage point. There is still

Thanks to carbon pricing, emissions have dropped by 7% since 2015, and for the first time, we're bending the curve on emissions. Our latest report shows emissions in 2021 were 53 megatonnes lower than in 2019 and 62 megatonnes below 2005 levels. We risk losing all this progress if we abandon Canada's most important policy in fighting climate change.

As we end our warmest winter on record and brace ourselves for a ferocious wildfire season, I think all Canadians know that the greatest cost lies in doing nothing. Climaterelated impacts already cost the average Canadian household \$720 per year, a figure projected to rise to approximately \$2,000 per year by 2050. In 2023 alone, severe weather in Canada caused over \$3.1 billion in insured damages, in addition to the lives lost, injuries sustained, and livelihoods destroyed.

Simple solutions are rarely what they seem. As your representative, I remain focused on lowering inflation, strengthening our community, and ensuring we have a sustainable country and planet for future generations.



It was an absolute privilege to pay my respects to the Right Honourable Brian Mulroney and speak to his enduring legacy in the House of Commons

The federal government recently introduced Bill C-64 to provide free coverage for diabetes medications to around 3.7 million Canadians with diabetes and free contraceptives for over 9 million Canadians of reproductive age.

T1 and T2 Diabetes Medication

Many of us know someone living with diabetes—be it family, friends, or loved ones. It is one of the most common chronic diseases affecting Canadians and is expected to become even more common as our population ages and grows. Sadly, when people leaving most families can't afford medication, they risk serious complications like heart attacks, strokes, kidney failure, blindness, and even amputa-

Our legislation will provide patients with free T1 and T2 diabetes medications, including insulin, metformin, and combination formulations. Please visit tiny.cc/ pharmacare1 to see what diabetes drugs will be covered.

Contraception

While nearly one-quarter of Canadians over 9 million people—are of reproductive age, many cite cost as the main barrier to accessing contraceptives. Our plan will provide Canadians with free access to oral contraceptives, copper and hormonal IUDs, injections, implants, rings, and morning-after pills. Please visit tiny.cc/pharmacare2 to see what contraceptives will be covered.

My Thoughts on Carbon Pricing

As Canadians grapple with the cost of living, some politicians have seized this opportuni-

Parliamentary Budget Officer.

With the recent yearly increase of the carbon price on April 1, there will be a dollar-

for-dollar increase in rebates. In the 2024-2025 period, a family of four in Ontario will pay \$869 in direct and indirect pollution pricing costs but will receive \$1,124 in rebates, better off. Canadians automatically receive the Canada Carbon Rebate in April, July, October, and January.

In the story of Canada's post-pandemic inflation, carbon pricing plays a minor role compared to key drivers like supply chain disruptions, corporate greed, overseas conflicts, and the volatile rise and fall of global energy prices. Notably, in September 2023, the Bank of Canada measured carbon pricing's impact on total inflation at a mere 0.15%, less

GARY ANANDASANGAREE

MEMBER OF PARLIAMENT SCARBOROUGH-ROUGE PARK



My office is here to assist you with any Federal issues

· COVID-19 Federal Supports

- Immigration
- Citizenship
- · Passport Canada
- · Revenue Canada
- · Canada Pension Plan
 - · Old Age Security
- · Canada Child Benefit
- Employment Insurance Veterans Affairs and more....

416.283.1414

GARY.ANAND@PARL.GC.CA

Constituency Office

3-3600 Ellesmere Road. Scarborough ON M1C 4Y8

Ellesmere Complete Street

The City of Toronto is proposing changes on or drive, and people of varying ages and Ellesmere Road to fulfill the City's policies related to the Cycling Network Plan, Vision Zero Road Safety Plan, and TransformTO Net Zero Climate Action Strategy.

In 2026, roadwork is planned on parts of Ellesmere Road between Orton Park Road and Kingston Road. The planned roadwork provides an opportunity to review the street for changes with the goal to improve safety, accessibility, and operations for all people using the street. The project proposes cycle tracks, multi-use trails, safety and accessibility improvements, and other design elements.

Project Area

The project area is along Ellesmere Road, from Orton Park Road to Kingston Road.

The project is divided into three segments:

Segment 1 – Orton Park Road to Military Trail

Segment 2 – Military Trail to Meadowvale

Segment 3 – Meadowvale Road to Kingston Road

levels of ability.

The implementation of this project is separate from other long-term transportation projects in the area.

Impacts to trees at this stage are estimated and will be reviewed in the next stage of design with the goal to minimize all im-

Proposed Changes - Segment 1: Orton Park Road to Military Trail

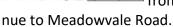
In this section the City is proposing:

- South side sidewalk replaced by new multi-use trail for pedestrians and people cycling
- Addition of a new sidewalk on north side from Morningside Avenue to Military Trail
- Existing number of motor vehicle lanes maintained
- Estimated impact to 27 trees

Proposed Changes - Segment 2: Military Trail to Meadowvale Road

There are two proposed options for this segment. Both options include the addition

> of new sidewalks on the north side of Ellesmere Road from east of Military Trail to Conlins Road and from Scarboro Ave-



Option 1 - Raised Cycle Tracks in the Boule-

- New raised cycle tracks placed in the boulevard
- Curb on south side relocated
- Addition of new sidewalks

- Existing number of motor vehicle lanes maintained
- Estimated impact to 160 trees

Option 2 – On-Road Cycle Tracks In this section the City is proposing:

- New on-road cycle tracks
- Addition of new sidewalks
- Reduction of one motor vehicle lane in each direction, and addition of a centre turn lane
- Estimated impact to 45 trees

Proposed Changes - Segment 3: Meadowvale Road to Kingston Road

In this section the City is proposing:

- New on-road cycle tracks
- Addition of a new sidewalk on north side near Kingston Road
- Existing number of motor vehicle lanes maintained
- Estimated impact to 5 trees

Public Consultation

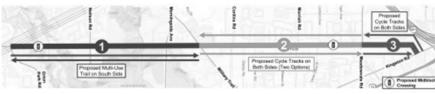
The public consultation is an opportunity for you to learn about the City's goals for Ellesmere Road and to provide feedback on the proposed design and options before the City undertakes further stages of design. The first public consultation for the project was held at Cardinal Leger on February 12th with a second phase of consultation anticipated in the fall of 2024.

Project Information and Contacts

Please visit the project website at

<u>www.toronto.ca/EllesmereCompleteStreet</u>

for additional information, to register for notifications, provide feedback and contact the project team.

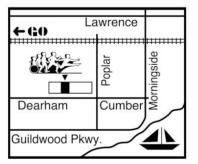


Background

The Ellesmere Complete Street project aims to make travel safer and more connected for everyone along Ellesmere Road. Complete Streets is a design approach that considers the needs of all users of a street, such as people who walk, cycle, take transit

Guildwood Physiotherapy

Full Service Physiotherapy, Acupuncture, and Massage Therapy



84 Dearham Wood at Poplar Rd. beside Poplar Rd. School

Since 1994

Full Service

We are a modern 1700 Sq ft Physiotherapist owned clinic that provides a multitude of rehabilitation services such as Physiotherapy, Massage Therapy, Acupuncture, and individualized exercise therapy. all under one roof. We have a comprehensive gymnasium, equipped with bikes, rower, treadmill, stepper, weight machines and free weights, hand and shoulder stations, balance stations, We are equipped with 4 private treatment rooms, and a full selection of electrical modalities including:

Ultrasound, Infrared LASER, Sonodynator with suction, Myopulse/Electro-Acuscope (Computer controlled microcurrent), Acuhealth, Acustim, TENS, EMS, Cupping, Acupuncture, (Traditional Chinese and Anatomical) Manual Therapy, Mobilization, Hot Paraffin, Moist Heat, Cupping, Ice, Cryocuff, Spinal and Cervical Traction on our new, state of the art, Traction table.

We are fully equipped to treat injuries ranging from a simple tennis elbow to complicated injuries from serious car accidents.

We also treat: Positional Vertigo using the Epley Manoeuvre (this typically requires only a couple of treatments, often only one).

Let our experience give you the best possible result.

(416)283 6893

guildwood.net

Vijay Thanigasalam **Member of Provincial Parliament** Scarborough—Rouge Park

Implementing Ontario's One Fare Program



Dear residents of Highland Creek,

It has been a busy few months but I am happy to report on some exciting projects that we have been working on to serve the residents of this community.

Implementing Ontario's One Fare Program I was proud to implement Ontario's One Fare Program that allows riders to pay only once as they transfer for free between the TTC, GO Transit and participating transit agencies in the GTA, including:

- Durham Region Transit
- Brampton Transit
- MiWay in Mississauga
- York Region Transit
- Barrie Transit
- Burlington Transit
- Bradford West Gwillimbury Transit
- Grand River Transit
- Guelph Transit
- Hamilton Street Railway

connecting young people with part-time and summer jobs right here in Scarborough. tive to include more procedures. There is no doubt that getting a part-time job when you are young is a formative life experience and I am glad so many people came out. I want to thank our volunteers and the companies who came for making this a meaningful event for so many young people in our community.

Improving Health Care Outcomes

Last year, our government announced bold action to eliminate surgical backlogs and

reduce wait times for publicly funded surgeries and procedures. That is why we integrated community surgical and diagnostic centers to speed up how quickly people are able to get surgeries and procedures using their health card.

Since announcing this plan, we have seen that the waitlist for surgeries is down by 16,000 and continues to decline. Since 79% of people are now getting their surgery within the targeted wait time. This is a remarkable improvement and

we are excited to be expanding this initia-

Ontario will continue making bold, innovative and creative changes to make it faster and easier for people to conveniently connect to care closer to home.

As always, if you have any questions or concerns, please reach out to our office at 8130 Sheppard Ave. East Unit 105, by email at vijay.thanigasalam@pc.ola.org, or give us a call at 416-283-8448.



Introducing Ontario's One Fare Program alongside Premier Doug Ford.

- Milton Transit
- Oakville Transit

Whether you're commuting to work, school, or visiting friends and family, we are January 2023, making the transferring from one transit system to another simpler, convenient and affordable. For an adult who commutes five days a week, this could save you an average of \$1,600 a year.

Youth Summer Job Fair

I had the opportunity to meet so many constituents at my Youth Summer Job Fair,

VIJAY THANIGASALAM

MPP - Scarborough-Rouge Park

I am here to listen and serve you. Let me know how I can help you.





Live Theatre Just North of Guildwood

Did you know that Theatre Scarborough includes three theatre companies just north the muscular Rocky. of Guildwood that perform classic dramas and engaging musical productions for varied ages throughout the year? Performers and crew bring community theatre to a professional stage experience to entertain you at a fraction of downtown prices.

Check out what's coming up this spring and early summer:

The Rocky Horror Show

Book, music, and lyrics by Richard O'Brien

Presented by Scarborough Music Theatre

Dates:

May 9, 10, 11, 16, 17, 18, 23, and 24, 2024 at 8pm

May 12, 19 and 25, 2024 at 2pm

It's just a jump to the left... And then a step to the right...

This year The Rocky Horror Show celebrates its 50th anniversary!

In this cult classic sweethearts Brad and Janet find themselves stranded in a storm at the eerie mansion of Dr. Frank-N-Furter just as he is about to unveil his latest creation:

Join us as we Time Warp our way through a rock musical full of wild characters in this deliberately kitschy rock 'n' roll science fiction goth musical for the first time on the Scarborough Village stage.

Rated R – This production contains mature content unsuitable for young children, including sexual themes and language. The Rocky Horror Show is presented through special arrangement with Concord Theatricals.

Tickets:

Regular - \$30 Seniors (60+) & Students - \$27 Groups of 10 or more - \$25 each

Future Productions:

June — Shakespeare In Love July — Arsenic & Old Lace

Location & Box Office

You can see all these productions at the Scarborough Village Theatre, 3600 Kingston 9292 or email Rd. (at Markham Rd. next to the ice rink)



Contact the Box Office at https:// theatrescarborough.com/ or call 416-267-BoxOffice@TheatreScarborough.com to order your tickets.

Stormwater Charge & Water Service Charge Consultation —Continued From Pg 9

About a stormwater charge

Under the stormwater charge proposal, costs for stormwater management would be removed from the water rate and the stormwater charge would appear as a separate line on the utility bill. This would result in a reduction of the water rate in the calendar year that the stormwater charge would take effect, if approved by City Council.

For properties less than one hectare in size, there would be a tiered, flat rate stormwater charge based on the average hard surface area of all properties in each tier. Property tiers are determined by property size ranges for different property types – residential, multi-residential and condominium, and industrial commercial and institutional (ICI).

For properties one hectare or larger in size, the City would undertake individual assessments of each property using aerial photography to determine the hard surface area (m2) on a property.

More information on the property tiers and estimated cost impacts for different property types are included in the presentation materials found in the Public Consultation tab on the City's website - see link below.

Public Consultation

Public consultation on a potential stormwater charge and on a potential water service charge will take place March 18 to April 30, 2024.

Following public consultation, City staff will review all feedback received. A report to Executive Committee and City Council on the outcomes of consultation is planned for summer 2024.

To learn more about a possible stormwater 584 85 424 charge, stormwater charge credits program, and a water service charge, and to provide feedback, you are invited to participate in a virtual meeting, review the presentation material and complete a survey.

Virtual Public Meetings

Participate in one of three virtual meetings to learn more about the potential stormwater charge and credits program, and the water service charge, ask questions and provide feedback. Each meeting will feature the same presentation followed by a question-and-answer period.

There is more than one way to participate in the meetings:

1. Join by computer, tablet or smart phone,

and view the presentation material.

2. Join by phone (audio only).

Monday April 8, 6 – 8

To join by phone (audio only) call 416-915-6530 Webinar number: 2633 072 6704 Webinar password: 777 66 775

Thursday April 11, 6

- 8 p.m.

To join by phone (audio only) call 416-915-6530 Webinar number: 2631 865 9823 Webinar password:

Tuesday April 16, 6 – 8 p.m.

To join by phone (audio only) call 416-915-6530

Webinar number: 2633 865 0724 Webinar password: 396 77 949

To request accommodation, or for inquiries about accessibility, please contact Aadila Valiallah 416-338-2985 or stormwatercharge@toronto.ca one week before your preferred meeting date.

Feedback and More Information

Visit <u>www.toronto.ca/stormwatercharge</u> to register for the meetings, complete the consultation survey, and to access all information and materials related to this project and consultation.



BEL CANTO SINGERS CELEBRATES 30 YEARS!

Bel Canto Singers' upcoming spring concert "Choir By Numbers", celebrates 30 years of making beautiful music together and includes nostalgic pop, Broadway classics, and choral favourites that reference numbers and the passing of time. This friendly and enthusiastic four-part choir is conducted by Music Director, Michael Morgan, and accompanied by Pianist, Matthew Coons.

> Saturday, May 11, 2024 2:30 p.m. and 7:30 p.m.

Scarborough Bluffs United Church 3739 Kingston Road, Scarborough

Tickets \$25/adult \$5/child

For tickets, please call Kam at 647-831-3245 or email her at belcantotickets@gmail.com

You may also book tickets on www.eventbrite.ca. through our website www.belcantosingers.ca.

Love to sing? Join us for fun, laughter and learning. Visit our website at www.belcantosingers.ca or call Michael at 647-564-6873.

What's New at The Toronto Zoo

a special one for your Toronto Zoo as we celebrate our 50th anniversary!

When your Toronto Zoo first opened its doors in 1974, it was considered the most innovative and forward-thinking zoo in the world. With over 3,000 animals presented in informative habitats that replicated their natural spaces in the wild (complete with native plants and trees) the zoo appealed to guests of all ages and interests. Visitors could now travel from Africa to Asia to the Arctic and even Australia for only a few dollars. The new zoo was created not only to appeal to guests, but to play a major role in species protection and conservation initiatives. Now, 50 years later, the Toronto Zoo is a recognized leader in advancing knowledge about wildlife and how animals interact with their environments.

We began this milestone year with a very special addition to your Zoo – a white rhino calf! We named him "Kifaru" which means both rhino and tank in Swahili. Kifaru was born the morning of December 28th and was the first calf for Mom, Sabi. The staff were thrilled to see both Sabi and her baby were healthy and have spent the last few months bonding as Wildlife Care introduce different forms of enrichment items to him. Rhinos are a very tactile species, so enrichment items (such as recycled tires) are perfect for a growing and rambunctious calf.

tat by spring.

While every rhino pregnancy is exciting, Sabi's was especially so. Following her arrival in Toronto in 2012, hormone monitoring performed by our Reproductive Science team identified that Sabi exhibited "long" estrus cycles (~70 days in length, compared



to the typical ~30 days of fertile females), which have made conception a significant challenge for her. Following continual adjustments in daily care and diet, Sabi's behaviour in spring 2022 suggested that her hormonal cycles had switched from the long cycles to the typical cycle length. The likelihood of successfully conceiving for the first time drops with age in many species,

Hi folks, and welcome to Spring! This year is Kifaru will likely be out in the outdoor habi- including white rhinos, and Zoo staff were keenly aware of this with Sabi. Your Toronto Zoo Wildlife Care and Reproductive Science teams were thrilled that the breeding introductions with white rhino male Tom in summer 2022 were successful.

> Baby arrivals always make for an exciting time for our team and our community of

> > supporters, but importantly, it also helps secure the sustainability of rhino populations under human care. There are fewer than 16,000 left in the wild, with numbers currently declining due to habitat loss and the continued increase in poaching for their horn for the illegal wildlife trade. In honour of this significant birth, the Toronto Zoo Wildlife Conservancy

has created the Wilding Rhino Conservation Fund to support organizations like the International Rhino Foundation who help protect wild rhino populations. Head to the Toronto Zoo Wildlife Conservancy website to learn more or make a donation.

Thank you for your ongoing support, and I look forward to crossing path with you this spring at your Toronto Zoo!



Garry Tanuan Trustee, Ward 8 **Toronto Catholic District School Board**

garry.tanuan@tcdsb.org

Dear Family and Friends,

For Catholics, Eastertime is always viewed as the greatest feast of the liturgical year of Christianity that focuses on celebrating the Resurrection of Jesus Christ. Springtime symbolizes new beginnings, a time for awakening from the slumber of winter and the eternal hope of renewal.

I wish to take this opportunity to wish you and your loved ones a most Blessed Easter and continued blessings!

Justice is April's Virtue of the Month at the TCDSB.

Ward 8 School Childcare Projects

In recent years, the conversation around childcare has gained significant momentum, recognizing it as not only a fundamental need for families but also as a cornerstone for educational development. Childcare spaces in schools are crucial for allowing a seamless transition from early learning into the broader education system.

There are a total of 196 childcare spaces at risk in Ward 8 and projects to add and retrofit childcare spaces cannot move forward without the government fulfilling its announcements and full funding promised three to six years ago.

There are four incomplete Childcare Addition/Retrofit projects in Ward 8 at St. Domi- Learning's website here: https:// nic Savio Catholic School, St. Jean de Brebeuf Catholic School, St. Florence Catholic School, and St. Malachy Catholic School. Each school was planned to have 3 rooms with 49 childcare spaces and cannot move forward without the government fulfilling its full funding promise.

Schools and our parishes serve as central hubs for families and communities, and it is integral that we work together to provide the support needed to ensure the success of children during their formative years.

You can help advocate for these Childcare Addition/Retrofit projects by writing and calling Scarborough Rouge Park MPP Vijay Thanigasalam at

Vijay.Thanigasalam@pc.ola.org or 416-283-8448, as well as Minister Raymond Cho, Scarborough North MPP at Raymond.Cho@pc.ola.org or 416-314-0797 to expedite the process of going forward with these important projects.

The Angel Foundation for Learning Bursaries and Awards

More than \$50,000 worth of bursaries/ awards are being offered this year. The deadline is April 26. Details and application forms are on the Angel Foundation for angelfoundationforlearning.org/bursariesand-awards/

The Angel Foundation for Learning - Angels Among Us

The Angel Foundation for Learning is a charitable organization that serves the needs of students in the Toronto Catholic District School Board (TCDSB).

We are excited to see some of the amazing work that is being accomplished by our student leaders who have joined the A-Team (Angel Team) focusing on putting back faith into action by looking for ways to help locally as well as globally.

Become Angels Among Us and help AFL Toronto and others in the community or visit our website https://

angelfoundationforlearning.org/join-the-ateam/.

FAQs and Questions?

www.tcdsb.org/page/parents

Contact: Trustee Garry Tanuan 416-512-3408 or 416-222-8282 ext. 2660

i love you

Poetry & Puzzles



Local Poet and Author Vienna Bombardieri, aka Mystic Rose, has contributed her original works to *The Villager* over the past 5 years.

Thank you for your ongoing contributions to our neighbourhood newsletter!

Disney Animated Movies

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WALL-E PETER PAN TARZAN BAMBI BROTHER BEAR ROBIN HOOD CARS JUNGLE BOOK PINOCCHIO TANGLED BOLT MULAN MONSTERS INC CINDERELLA ALADDIN HERCULES DUMBO **FANTASIA DINOSAUR**

Puzzle Solutions
@
www.MyHighlandCreek.Org

You were made by the breath of your mother and the beating hopes of your father's heart
You came onto this earth with a voice

you can use it or keep it silent it's your choice

You were given freedom and your are free

unless you choose to jail your thoughts

or go into seclusion, you can move about freely

in a world that needs you, Alone, is not enough

You are God's child of love and he

made you to His image
you are beautiful inside and out
accept the gift of individuality for he gave you, YOU
Make your days count by giving away a little bit of you,
each and every day...

Written by Vienna Bombardieri aka Mystic Rose

Offering Both Live and Online Yoga Classes, See www.inthespirityoga.com for details.



IN THE SPIRIT

Yoga, Wine & Apparel



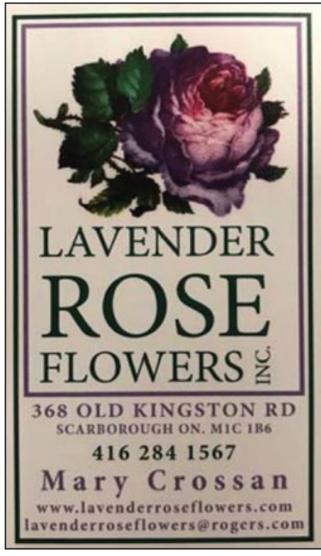


Our boutique is open Mondays thru Saturdays. For shopping hours, check our schedule on www.inthespirityoga.com



374 & 376 Old Kingston Rd, Highland Creek Plaza letsconnect@inthespirityoga.com I 647-352-4879

www.inthespirityoga.com





Professional Decorating by

291 Morrish Road Scarborough, Ontario M1C 1E9

Phone: 416-988-2769

PaintItGreen@Sympatico.ca

Quality Workmanship

Interior & Exterior

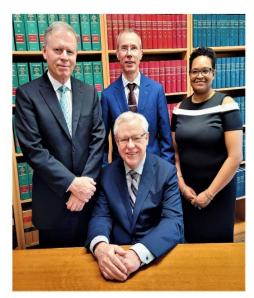
Decorative Finishes

Residential

Commercial

Fleury, Comery LLP Barristers & Solicitors

Edward R. Fleury, Q.C. (1929-2021) Gregory E. McConnell, M.A., LL.B. Stephen P. Fleury, B.Sc., LL.B. Donald C. MacVicar, M.B.A., LL.B. Lisa-Renee Haseley, J.D.



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"Scarborough's Most Experienced Law Firm" established in 1957

Purchases, Sales, Mortgages, Leases, Corporate Matters, Powers of Attorney, Wills and Estates, Litigation, Family Law, Divorces, Wrongful Dismissal, Personal Injury, Property Development/Severance

> Member of Lawyer Referral Service (No charge - initial consultation up to one-half hour)



305 Morrish Road / 416-284-2112



Saturday, April 20th, 2024



Admission 6:00pm - 11:00pm

Food Available



Every Thursday Apr 4th — May 30th

7:00 p.m. — 11:00 p.m.

Come out and sing and enjoy our members and friends for an evening of fun with **DJ Robert Neal**

Snacks available at the Bar

Ladies Auxiliary Meetings — Apr. 18th & May 16th — 5:00 p.m. Membership Meeting — Apr. 14th — 1:00 p.m. / Elections — May 12th



Pub Sundays

April 28th — David Russell May 26th — DJ Nasim Nasir

 $3:00 \ \mathrm{p.m.} - 7:00 \ \mathrm{p.m.}$ Must be 19 years of age or older to attend

Branch opens at 1:00 p.m.

Food Tickets: \$10.00 - Purchase at the Bar one week ahead

Royal Canadian Legion Colour Guard

The Colour Guard is looking for new members. If you are interested, please complete an application. Contact Al French @ (905) 723-8848

Ladies Welcome

Weekly / Monthly Activities All Are Welcome!

Tuesdays

Line Dancing with Matti Davis - \$10 1:00 p.m. — 3:00 p.m.

Wednesdays

Shuffleboard — 2:00 p.m.

Thursdays

Darts — 2:00 p.m. East Coast Swing — 7:00 p.m.

<u>Fridays</u> Euchre — 1:00 p.m.

Community Seniors

Meeting: 2nd Wednesday of the month 1:00 p.m. — 3:00 p.m.

Lunch: Last Wednesday of the month 1:00 p.m. \$10.00, includes dancing

PLEASE VISIT THE LEGION BRANCH FOR TICKETS AND INFORMATION

REGULAR BRANCH HOURS

 $\frac{\text{Wednesday} - \text{Friday}}{1:00 \text{ p.m.} - 9:00 \text{ p.m.}}$

SATURDAY 1:00 P.M. — 7:00 P.M.

