THE VOICE OF THE HIGHLAND CREEK COMMUNITY SINCE 1976

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THE VILLAGER XLVI NO. V

HERITAGE FESTIVAL EDITION

JUNE 2022

HIGHLAND CREEK HERITAGE FEST IS BACK Saturday, June 18th!



Neighbours! Family!
Friends!
Fun in the Park!
Invest in Local
Community!
Celebrate Our
Neighborhood!
Free admission!

Festival website - www.hchf.ca
instagram: myhighlandcreekto

Fb/
highlandcreekheritagefesitval

*FESTIVAL HAPPENINGS see pages 12/13 *check the festival website

for the most up to date

schedule

A Labour of Highland Creek Heritage Festival Love

- "Volunteers are love in motion!" unknown

In only a short couple of months, the Heritage Festival volunteer committee brought together sponsors, rides and games for all ages, along with cartoon characters, local vendors and businesses, food, DJ and live entertainment. This annual neighbourhood gathering, which will include: Ice Princess , Spiderman, Professor Elwood Pricklethorn Tree Educator, face painting, Scarborough-Rouge Park Elected Officials, First Responders, and more, will kick off at the Highland Creek Community Park on June 18th.

WOW! High praise! Huge thank you for your dedication to our community!

The festival committee in turn thanks each and every sponsor for their generous support.

A special thank you to Meridian Credit Union. Meridian has been a supporter of our festival for many years. Please stop by Meridian's booth at the festival and say hello.

Continued on page 12

unteer or all ages, es, food, hering, bod Prick-Park at the

Volunteering Rules!
Need Student Hours? Festival Fun?

The Heritage Festival Needs Volunteers for Saturday June 18th Apply: festivalhighlandcreek@gmail.com

Photo: Highland Creek Heritage Festival organizers. L-R: Chris Lackstrom, Michelle DeClute, Joy Loewen, Maria Boccardi,

Neil Jaikaran, David Atlas, Billy Yarn (taking the photo). Missing: Karen Greenham, Anna Tsirakidis, Lora Tomasino, David Adamson







Dear Readers,

A warm welcome to the Summer edition of the Villager. Get your lawn chair out and learn all about the happenings of Highland Creek!

We have all sorts of stories for you; some are recurring features such as the proposed Metrolinx BRT project, while others are unique to this issue of The Villager. Read about some of the outstanding youth in our community, learn about our very local Eco Park, or get up and stretch your body with our Fitness Move of the Month.

Beyond the articles, this issue of the Villager is one big invitation for residents to come out this Saturday, June 18 to experience the Highland Creek Heritage Festival! Last seen in 2019, the festival is rebounding post-pandemic and promises to be an absolute treat for the entire family. Admission is free, and you'll find

more information on the front and centre pages. Looking forward to seeing many of you there!

With the summer comes a time for pause and rest, and so the Villager will be going on hiatus for the remainder of the summer. The HCCA however will be active during this time, and the latest updates on events in the community can always be found at myhighlandcreek.org.

Warm regards,

Annoj Thavalingam Editor, *The Villager*

Any questions, comments or concerns may be addressed to:

highlandcreekvillager@gmail.com.



The Villager is published and distributed 5 times per year by local volunteers of the Highland Creek Community Association. Our newspaper is available free of charge, with 5,200 copies distributed to Highland Creek households and businesses.

Content Submissions:

Editor — Annoj Thavalingam, <u>HighlandCreekVillager@gmail.com</u>

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Highland Creek Community Association

2022/23 Board of Directors:

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Vice President: Bill Yarn
Treasurer: Elma Todkill
Secretary: David Atlas
Blair Anderson
Michelle DeClute
Neil Jaikaran
Chris Lackstrom
Joy Loewen
Pauline Platt
Lora Tomasino



Metrolinx BRT Updates:

Anna Tsirakidis

Doug & Marja Phillips

The Villager News Team:

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E-news: Michelle DeClute

Connect:

www.myhighlandcreek.org myhighlandcreekcommunity@gmail.com Instagram: highlandcreekvillager

Highland Creek Community Association (HCCA)

265 Port Union Road P.O. Box 97501 Highland Creek, Ontario M1C 2L0

Our Elected Officials—Scarborough-Rouge Park:

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Member of the Provincial Parliament:

Vijay Thanigasalam 416-283-8448

416-283-1414

City of Toronto Councillor:

Jennifer McKelvie 416-338-3771

For up-to-date information on current issues, please add your email to our mailing list by visiting our website or check out the Reader Board in the Highland Creek Village.

2022 EditionsSubmission DeadlinesFallAugust 20thFestival of LightsNovember 4thWinter 2023January 20th

June 2022

HCCA President's Report

Greetings to all the residents of the Highland Creek Community.

I wish to pay tribute first and foremost to David Adamson, who has graciously served as President of the Highland Creek Association for the past several years, and who has decided to step back a bit, from his HCCA duties.

Under David's leadership, the HCCA undertook a wide range of initiatives, and he made a difference in our community.

Thank you, David!

The HCCA recently held our elections for our Board of Directors for the coming two years, and we would like to thank outgoing Directors, Chris Goethel, Eric Lin, and Josh Allen. We would also like to welcome our in-coming Directors, Chris Lackstrom, Lora Tomasino and Michelle DeClute.

The Executive members remain: Bill Yarn - Vice -President; Elma Todkill - Treasurer; and David Atlas - Secretary. I will be leaning on this great team as I find my footing in my new role as President of the Highland Creek Community Association.

As a community, we have experienced a multitude of challenges during these past two years, not only with the Covid-19 pandemic but also in protecting and mobilizing our community. Inappropriate developments and the incredibly ill-advised Durham-Scarborough Bus Rapid Transit proposal from Metrolinx have weighed heavily upon our community.

Working together as a community is so important, as Highland Creek not only has a historical significance, but it has remained unique, because of each resident here, who supports the community.



The Highland Creek Community Association will do our very best to ensure that our community reflects the needs of all of you!

Please be sure to keep up to date on all the local events by visiting our website, following us on Instagram and reading "The Villager".

Sincerely,

Brian Blakeley President Highland Creek Community Association

HCCA Past President's Report



I have served on the HCCA over the years as a board member, Vice President and President and decided it was time to step down. I will however continue to be

involved within the Highland Creek community in other roles.

Not forgetting, I must express my appreciation to my wife Barbara for her support and understanding over the years. Barbara has

indeed been a terrific wife, partner and friend.

At the HCCA's Annual General Meeting held on April 27, 2022, a slate of 12 Directors were elected for a 2-year term. The newly elected Directors met on May 4, 2022 and the following executive members were chosen:

President – Brian Blakeley, Vice President – Bill Yarn, Secretary – David Atlas, Treasurer – Elma Todkill

Congratulations to the elected executive and board members.

Once again I must express my thanks and appreciation to all present and past HCCA Executive, Board and Committee members, along with other volunteers for their support, hard work, commitment and the many hours put

in dealing with issues in the best interest of our residents and community. The HCCA is fortunate to have capable staff in producing an excellent community newsletter, The Villager, in keeping our residents updated on important and interesting matters. It has been a particularly challenging time for all of us especially during the pandemic. Businesses are opening their doors and it is a welcomed relief to get out and mingle. Sunny days ahead!

All the best and God bless.

Should you wish to contact me I can be reached at email:

<u>dw.adamson@rogers.com</u> or by telephone at (416) 281-7758.

David Adamson, Past President Highland Creek Community Association

THANK YOU FOR VOLUNTEERING

"VOLUNTEERS DO NOT NECESSARILY HAVE THE TIME; THEY JUST HAVE THE HEART." - ELIZABETH ANDREW

THANK YOU TO THE HIGHLAND CREEK COMMUNITY FOR YOUR INVALUABLE SUBMISSIONS TO OUR NEWSLETTER.

Your stories, poetry, events, community reports and news are of continued interest to our readers. We are always looking for local stories and content. If you would like to send in a submission email:

highlandcreekvillager@gmail.com

THANK YOU TO OUR DEDICATED DISTRIBUTION VOLUNTEERS!

Sue Grout, Liz Hills, Samuel Jacob, Rick Jamieson, Susan Lamb, Bozena Mathlin, Manny Mattam, Alan Maynes, John McCall, Doug & Marja Phillips, Sujeev Ruban, Randy Sefton, Elma Todkill, Sonja Vrbanic, Lydia Lampers-Wallner, Billy Yarn, Christine Yip, John Yip, Nancy Yue, Anna Tsirakidis, Brian Blakeley, David Atlas, Joy Loewen, Ekua Bamfo, Eric Lin, Maria Boccardi, Patricia Kelly, Neil Jaikaran, David Adamson, Josh Allen, Blair Anderson, Sandi Burden, Lynn & Roy Findlay, Chris Goethel, Marg & Dave High.

Please Note:

While every effort is made to review the content of each article prior to publication, the Board of Directors want it to be known that the comments published are that of the authors and do not necessarily represent that of the Highland Creek Community Association.

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Local High School Student Finds Way to Support the People of Ukraine

Malcolm Campbell

Colby Parsons, an 18-year-old student cut-out was then applied to the T-shirt graduating from Sir Oliver Mowat CI, was challenged by his grandmother a few months ago to come up with ideas duced a great number of shirts that to help the people of Ukraine, who were and continue to be going through terrible hardships due to the Russian invasion.

Colby decided to design, print and fundraise T-shirts with the message "Always Stand with Ukraine", to express his strong support, commitment and need to help. He made a digital image on his laptop and then connected it to his vinyl printer, which then made a cut-out of the image. The vinyl

and heat pressed to finish. Working out of his parents' basement, he prowere requested from neighbours and friends.

The money raised from the sale of the shirts enabled Colby to be able to donate over \$500 to the Red Cross in Ukraine.



UPDATE: HCCA Food Drive Initiative

& 'Feed Scarborough' Food Bank West Hill Location

Annoj Thavalingam

In and around Highland Creek, we have several initiatives dedicated to fighting food insecurity in Scarborough.

The organization 'Feed Scarborough' has been operating four food banks over the past couple of years. Earlier this year, they opened a fifth food bank next door to Highland Creek, the Rouge Park Food Bank. Located in the Maystone Plaza at 4630 Kingston Road, it is open 5 days a week Tuesday to Saturday, from 12:30 p.m. -6:30p.m. No appointment is necessary to make use of their services.

The HCCA's extensive food drive has also been rolling ahead at full speed over the past months. Spearheaded by the Vice-President of the HCCA, Bill Yarn, 45,000 lbs in non-perishable goods were donated to the Daily Bread Food Bank this past May, bringing 2022's total to 204,000 lbs thus far. The astounding progress made this year is comparable to the previous year, where over 500,000 lbs of food was donated to the Daily Bread. The food arrives on the plates of those who need it most thanks to several key partners. Italpasta Ltd provides the pasta and sauces, while transportation costs are covered by MiTek Inc. The logistics of shipping are handled by Fast Links Transportation. A huge thank you to all three enterprises for continuing to combat food insecurity over the past 18 months!

Most needed items:

Pasta, Pasta Sauce, Rice

Baby Food Shelf-stable Milk, Cereal Canned Fruits and Vegetable Coffee Crackers, Chips, Cookies, Granola Bars

Canned Beans Baby Formula, Baby Food

Feminine Hygiene Products Diapers (size 2, 4, 5) Leakage pads Wipes, Incontinence Underwear











Summer is when food bank donations typically drop off.

Please continue to help reduce food insecurity by making a monetary or food donation to the Daily Bread Food Bank / Feed Scarborough.

Check for food banks in your area taking donations.

JUNE 2022



Heritage Festival Needs Volunteers for Saturday June 18th

Come, join the fun, be part of something great!

Need Student Hours? Festival Fun?

Apply: festivalhighlandcreek@gmail.com



HCCA membership supports community activism 'Tie a Green Ribbon Save Trees' Campaign Kicks off at the Heritage Festival on June 18th

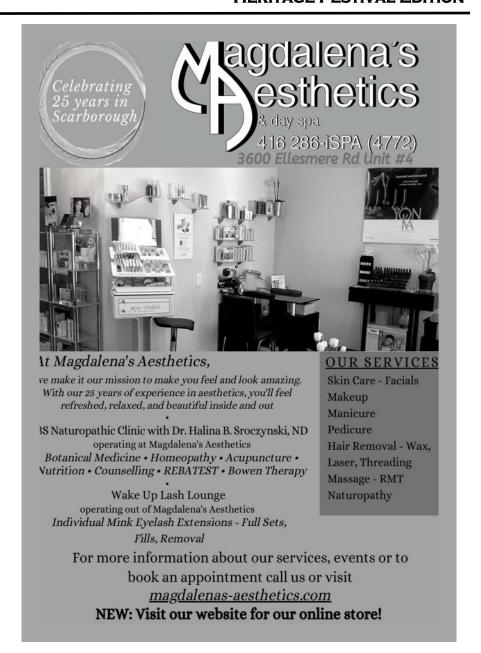
Photo: HCCA Board & Committee Members L-R Blair, Doug, Pauline

The Highland Creek Community Association is made up of Highland Creek residents who volunteer in various ways for the betterment of the whole community.

For a nominal annual membership payment of \$10 (or \$20 for 2 years), you help us to advocate on your behalf. The HCCA represents the interests of residents in bringing local concerns to all levels of government. This includes: development, traffic, crime, property standards and other matters of importance to you.

HCCA volunteers coordinate annual events bringing the community together, and enhance our community culture and sense of belonging. The HCCA is working for the beautification and restoration of the Highland Creek Village and also provides maintenance of shared spaces, such as Wesleyan Cemetery, and community clean-up of Highland Creek Village and area parks. HCCA volunteers also produce and deliver The Villager — our local newspaper — and manage web presence, social media and e-news, offering residents local engagement.

For more information on the HCCA, and to join, visit: www.myhighlandcreek.org





Community Police Liaison Report

Joy Loewen, Director, HCCA Joy.Loewen@gmail.com

The Community Police Liaison Committee (CPLC) is made up of community volunteers and police service representatives from the local division's geographic area (43 Division). As your CPLC representative, I bring issues from the community directly to 43 Division.

The following are some simple reminders to help keep you, your property and everyone around you safe:

Drivers, be aware of increased pedestrian traffic now that we are making our way into the summer months.

Robberies are increasing so be aware of your surroundings. Keep to well-lit areas and if you are purchasing/selling any items on Kijiji or Facebook Marketplace, set up a meeting in a heavily populated area or use the 43 Division parking lot.

Auto theft has increased with the majority of those being warm-up

thefts. This shouldn't be an issue with the warmer weather, but it is a reminder to never leave your car running when you're not in it. Also, do not leave your windows down as this could also be an invitation to thieves.

Keep your property tidy to let people know that you're home.

For all the latest in crime statistics, please visit our Public Safety Data Portal at

<u>Data.torontopolice.on.ca</u>

The Public Safety Data Portal is intended to improve the understanding of policing, improve transparency and enhance confidence through the creation and use of open data for public safety in Toronto.

Follow 43 Division on social me-

dia:

Instagram: @TPS43Div Twitter: 43 Division

Facebook: 43 Division – Toronto

Police Service

What's New At The Highland Creek Public Library?

Whether it's been a week, a year or a decade since we last saw you, we look forward to having you back! Things are getting back to "normal" at the library!

We hope you're as excited about the recent news of late fines elimination as we are to share it. All fines for children and teens were eliminated in 2021 and fines have not been charged for anyone since March 2020 during the pandemic. As of June 1st, fines for adults were permanently eliminated. Please help us get the word out by telling your friends, family and communities.

In-person programs are beginning again at Highland Creek. This



summer we will be offering in-person TD Summer Reading Club programs for children ages 5-12 years. Information and registration for the Reading Club will be available as of June 13th. This is an annual program sponsored by the TD Bank, which encourages children to keep reading over the summer months. The programs are different each week and include crafts, games and reading content. Children will receive a booklet to keep track of what they read and will earn stickers from the library for each completed book.

Check out the Library website at TPL.ca regularly to see what new things are happening at the library!

We hope to see you soon!

LAWN BOWLING

FUN AND EXERCISE FOR ALL AGES

NO EXPERIENCE REQUIRED

EQUIPMENT AND TRAINING PROVIDED



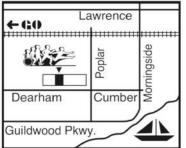
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Post Surgical Recovery

After discharge from hospital, many patients should be referred to a rehabilitation hospital or clinic to regain strength and return to independent functioning. It is very important that Physiotherapy begin as soon as possible after surgery to ensure a prompt recovery.

In our clinic we see patients after various types of orthopaedic surgeries, such as Rotator Cuff tears, Anterior Cruciate Ligament repairs, total and partial knee and hip replacements, back, foot, and hand surgeries, etc. Appointments are usually available in a day or two.

Our Physiotherapists follow standard treatment protocols or work closely with the surgeon's specific protocol for recovery. Passive exercises and gentle mobilization techniques are used first, and exercises are later introduced to gradually strengthen and return full function.

The exercise program is gradually increased based on the healing time of that particular surgery. We find that using modalities such as laser, ultrasound and Electro-Accuscope help to heal and repair the wound faster with less pain. Our treatments typically last from 45 minutes to 1-1/2 hours, depending on the condition being treated.

(416)2836893

www.guildwood.net

June 2022 6

Highland Creek Public School

Ms. May Halabi, Principal



Our journey of learning for 2021-2022 is ending with a blast! With extra-curricular activities and excursions returning, our students have been eagerly engaged in numerous activities. The school feels dents' school career a memorable one, considering the circumvery lively with the many different clubs, sports activities, fundraisers and more. Our team effort and collaboration, along with our staff's creativity and parents' support, kept students engaged in meaningful learning.

During Earth Week, our Eco club organized a week full of activities that our students enjoyed. From promoting Lights Off and Litterless lunches to a school-wide Earth Day Olympics, our student leaders, with the support of their teachers, ran events to promote Healthy Living, environmental protection awareness and energy conservation. They also organized a successful Clothing Drive that helped reduce textile waste.

Our Students Equity club organized a very successful fundraising campaign composed of a craft sale, and all proceeds went to the Red Cross. Our Students Leadership group helped lead numerous activities for younger students. These included arts and crafts, board games and fitness activities. From pizza lunches to snack sales and freezie sales, the Highland Creek community, staff, students, and School Council are helping raise funds to support school programs while bringing in yummy treats for all to enjoy. Our Chess club provides opportunities for logical thinking while having fun. Last, but not least, our sports activities are up and running; House league, Kilometer club, and Track and Field are all back with high participation rates.

Soon we will be welcoming our new Kindergarten families as well as our new Middle Immersion Grade 4 families, and we are so excited to do so in-person this year!!

At Highland Creek, our staff, students, and School Council are working on preparing for our grade 8 Graduation and Grad events. As you can appreciate, we are putting all possible measures in place to ensure the safety and security of this event. All students, including those in the Virtual School, will have an opportunity to be

a part of this celebration. We are always thankful for the support of our community as we work hard to make this milestone in our stustances in this unusual year.

I would like to wish our entire community a safe and happy summer. We look forward to a new start in September.



Sponsor 2022 Highland Creek Heritage Festival





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Getting To Know Your Royal Canadian Legion

Pauline Platt HCCA



When we think about the neighbourhood Legion, we often think of Remembrance Day ceremonies and the Poppy campaign. But did you know that the Legion is the largest service ey legend, also participated in our track and -oriented organization in Ontario? Below are four different programs that you may not have known about.

Youth Education Program

Canada's youth are our most important asset. The Royal Canadian Legion recognizes youth as a priority, only to be preceded by service to Veterans and the perpetuation of Remembrance.

The Royal Canadian Legion sponsors youth programs that include sports, cadet corps, scouts, leadership training and remembrance activities. It is our aim to help youth learn an appreciation for teamwork, leadership, duty and most importantly, Remembrance. A key focus for the Legion, Canada-wide, is our Youth Education Program.

Educating our youth about the high cost of their freedom is one of the Legion's most important roles in Canada today. We must impress upon young people who have never known war, that freedom was won at the cost of many lives — young lives like their own.

These competitions are open to all schools in Canada. The main principle of the contest is to encourage students to remember, think and participate, prior to and during the annual Remembrance Day observations.

Furthermore, our Annual Poster, Literary and Essay Contests, help focus the attention of participants on those who gave all for the freedom we enjoy today.

Public Speaking is the other category in our Youth Education program. Speakers may select their own topics. The program is meant to give young people an opportunity to speak in public.

Track and Field Program

The Royal Canadian Legion Track and Field 400 athletes competing in the summer and winter meets annually.

We are proud that many have gone on to become very prominent in the field of sports. Wayne Gretzky, though best known as a hockfield program and won a medal at the provincial level.

All the Canadian medal winners at the 1984 Olympics in Los Angeles advanced up through the Legion program. The Track and Field Program continues to produce many more future The Joe Sweeney Fund was created to ensure Olympic athletes.

Post Secondary Bursary Program

There is a bursary program open to Legion members and their children and grandchildren.

While the Ontario Command Bursary awards are not large, many students find that they go a long way towards buying the books and materials needed for their respective courses.

The Ontario Command Bursary Program is funded by donations from Branches and Ladies' Auxiliaries and shows the Royal Canadian Legion's continuing commitment to the youth of Ontario.

Homeless Veterans Program "Operation: Leave the Streets Behind"

In November 2009, Mr. Joe Sweeney, a Korean War veteran who had dedicated much of his time to assisting homeless persons in the City of Toronto, wanted to organize a Remembrance Day ceremony to honour the homeless Veterans. With assistance from The Royal Canadian Legion Ontario Command, the ceremony was held at the Scott Mission in Toronto.

At the conclusion of the ceremony, it quickly became evident that there were a number of homeless Veterans within the city. And a team made up of personnel from Veterans Affairs Canada and The Royal Canadian Legion, Ontario Command were determined to see what could be done to assist them.

A Homeless Veterans Assistance Fund was Program has existed for many years, with over started at the Provincial Headquarters and the Branches responded with generous donations.

With assistance from the Homeless Veterans Assistance Fund, we have been able to permanently house Veterans with assistance for their first/last month's rent, furniture and food vouchers. Rental assistance has also been provided to those facing eviction. Medical assistance has been given to other Veterans such as dental treatments, transportation to stress therapy clinics, eyeglasses and much more.

that these Veterans have suitable housing and/or the support services they require to remain permanently housed and with a stable future. Tax receipts can be issued for this fund.

Membership

Today, there is no requirement to have a family link to a Veteran in order to become a member of the Royal Canadian Legion.

Voting membership in the Legion is now open to any Canadian citizen of Federal voting age who supports the purposes and objects of the Royal Canadian Legion.

Non-voting membership is also available to any non-Canadian citizen who is of Federal voting age.

Join Us Today and be a Part of Your Community

Membership Application:

https://legion.ca/docs/default-source/forms/ new-legion membership-application en.pdf? sfvrsn=2

For Further Reading:

https://rcldistrictd.com/documents/MediaKit-2016.pdf



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Visit

Stormy Stones at

the Heritage Festival on June 18th Highland Creek

Community Park

New Business in Highland Creek Stormy Stones offers Healing Crystals and Spiritual Oasis

Annoj Thavalingam

Black tourmaline, Amethyst, Rose quartz, Orange calcite. These are just some of the products you'll find at Stormy Stones, a shop specializing in healing crystals and spirituality. The owner, Shiz, has been in this business for almost four years now, but her relationship with crystals goes back much further.

"When I was a kid I used to love to play with crystals and rocks." Shiz explained. "I always had a fascination for them because I could feel and see their energies."

Crystals have come to enhance Shiz's way of living, and now she brings her knowledge and experience to folks open to learning more about healing crystals. Each crystal is aligned with one of seven chakras, depending on the colour of the crystal. For example, red and black crystals are associated with

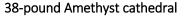
unblocking the first chakra, known as Muladhara or the root chakra. Opening this chakra helps us feel safe and secure, and sets up the foundation for personal growth.

Along with crystals, Stormy Stones also offers incense cones, sage and books on the subject. But perhaps the most interesting aspect of the store would be the Crystal Corner, where a chair, plants and crystals are arranged for you to experience the astral energies first-hand.

Since opening Stormy Stones in Highland Creek in June 2021, Shiz has found that her business is well-received, with its fair share of believers and skep-

tics.

Tree of Life side table





She acknowledged that pursuing spirituality is not everyone's cup of tea, but cited instances of critics who later went on to buy a crystal or two, and felt a positive difference

For first-time customers, Shiz's advice is to start with something small and inexpensive, and see if you feel a difference in your everyday life. Healing crystals can be placed any-

in their lives.

where you see fit: in your car, workplace, home or on your person.

Shiz also provides tarot readings at Stormy Stones, and offers classes for folks interested in learning more of their spiritual sides.

You can find Stormy Stones at 380 Old Kingston Road, and online at stormystones.com.

Shiz will also have a booth at the Highland Creek Heritage Festival on June 18.



Rose Quartz lamps





Exercise Move of the Month

By Kristi & Matt www.highlandfit.com

Our move this month is the "Dead bug". This great core exercise is surprisingly effective and is a challenging move to add to your fitness routine. Kristi demonstrates the starting and extending position.



Starting on your back, bring both arms to an upright position straight above your chest.

Bring both knees off the floor and keep them parallel to the floor. Form a 90 degree angle with knees facing the sky, directly above your hips.

Bring shoulders off the floor, dropping left arm to

the ground behind you, while extending the right foot out horizontally. Arm and leg should hover off the floor.

Contract your core muscles in the extension position, pulling spine down to the ground, and tilting pelvis towards your navel



Breathe out and in keeping with the position of exertion and press your tongue to the roof of your month as you briefly hold the most challenging part of the move.

Return to the starting position

and repeat with other (right arm, left leg) side.

Repeat 8-10 times on each side.

Offering Both Live and Online Yoga Classes, See www.inthespirityoga.com for details.



As you grow older, you will discover that you have two hands — one for helping yourself, and the other for helping others.

Audrey Hepburn

IN THE SPIRIT

Yoga, Wine & Apparel

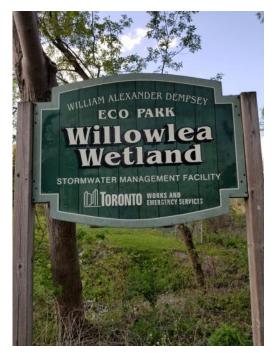




Our Eco Park

Elma Todkill

In 1999, Toronto City Council honoured the dedication of former Centennial resident, Bill Dempsey, by creating the William Alex-



ander Dempsey Eco Park Willowlea Wetlands. Bill lived in the area for many years and he was very well-known and active in the Highland Creek community. He was

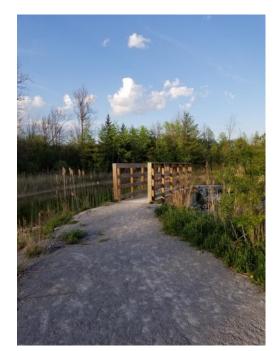
known to many as the "mayor" of Highland Creek.

One of his many causes was wetland preservation and he was able to help create the Eco Park to protect, restore and promote a healthy Centennial Creek. Centennial Creek flows south from the headwaters just south of Hwy 401 at the end of Willowlea Drive, then along Zaph Avenue, and east of Meadowvale Road downwards to Lake Ontario.

The Eco Park is a self-sustaining ecological park providing storm water management, water quality enhancement, base flow augmentation, enhancement of natural processes and wildlife habitats.

The Eco Park includes three separate sites in Highland Creek.

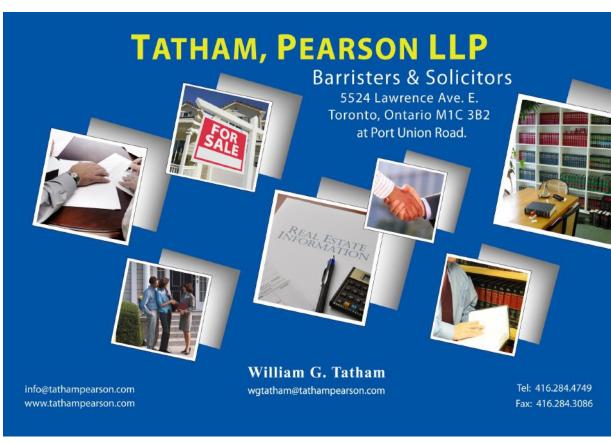
- The Willowlea Wetlands headwaters of the Centennial Creek run on land
- east of Willowlea Drive and Scarboro Avenue. This Wetlands area has a circular path and provides outstanding



views of the ponds, plant life, birds and other wildlife.

- The second part is on the north side of Ellesmere Road just west of Meadowvale Road. A pathway allows you to view the creek and pond.
- The stormwater management pond is east of Meadowvale Road and north of Kingston Road. This site has two permanent pools. These pools store water from upstream and assist in cleaning the water by allowing sediment to settle on the bottom of the ponds. From there water flows out of the pools and back into the Centennial Creek System heading south toward Lake Ontario. This site also has a pathway for viewing the ponds, birds and wildlife. I believe that beavers have been spotted here as well. The pathway is protected from the ponds by dense shrubs and grasses.

Please consider taking a stroll and viewing this unusual park system unique to Highland Creek.







Let's Celebrate! Brin

HIGHLAND CRI

Continued from page 1

Thank you Billy and Lora, Fast –Links Transportation! Thank you Sutha & Karthika, Kuber Investments! Thank you Mark and Heather, Mark's Pizza! Thank You Sri, Amigos Restaurant! Thank you Chris and Leanne, Cones & Characters!

Thank you to the Highland Creek Community Association and Centennial Community & Recreation Association for all that you do for our communities! Dear Sponsors — your support helps to bring together people of all ages, families, friends, and neighbours for a funfilled day of celebration.

Thank you for investing in local communities!

#heritagefest #fun #family #locallove



If you can, walk or ride a bike to the Highland Creek Community Park, 3500 Ellesmere Road.

The park is on a bus route with a stop at the entrance of the park.

Parking is available on side streets, north and south of the park, with pathways to the park. #BIKE #WALK











Currently in its 35th year, our festival is free to one of the earliest settlements in the Scarbord tertainment for the whole family!

HIGHLAND CREEK COMMUNIT

The 35th Highland Creek Heritage Festival office

10:30am (

Play all day rides and games, food, DJ Music, L ing, Tie a Green Ribbon Save Our Trees Campa Path (easily accessible). Toronto Firefighters &

Lots of food choices with home cooking of Twis baking and hot table, Nasir's hot dogs & sausag up your chairs and blankets and relax in the par Interactive Tree Education for children of all age Dukes of Harmony Barbershop Ensemble is alw locals, DJ Blazer and DJ ChosenOne.

insta: myhighlandcreekto

fb: hig

A DSBRT a

This year's festi



DJ Blazer & DJ Chosenone

Juno Nominee Girl Pow-R

SAVE OUR TREES

Trees and the Highland Creek Community

Douglas Phillips

Residents want to save our beautiful trees along Ellesmere Road. Jeff, who lives east of Meadowvale, wants to save his 100-year-old Silver Maple on his front lawn. The branches spread out over the sidewalk and on hot days neighbours walking their dog stop to cool in the shade. Our tree-lined streets play a critical role in creating healthier, safer, and a more connected community. Trees clean our air, improve our health

and are vital to the development of our children. Trees provide homes for birds, squirrels, bats, and insects. Residents like to walk along tree-lined streets like Ellesmere Road, with our beautiful Norway Maples that add value to homeowners' properties. Trees make our lives much better, and the loss of even one tree can have a devastating effect. A tree canopy fosters economic advantages as well as an increase in civic pride among residents.



Climate change is the biggest challenge facing the health of our planet. While it will take many solutions working together to make a difference, trees are a proven, affordable and natural means of pulling carbon dioxide out of the atmosphere today. During one year, a mature tree will absorb more than forty-eight pounds of carbon dioxide from the atmos-



phere and release oxygen in exchange.

Trees damaged and lost in the storm on May 21, 2022. A fastmoving storm hit Highland Creek with high winds, hail and heavy rain that caused damage to numerous trees in our community. It is im-

portant we save every tree to combat climate change. The future could bring many more severe storms.

The Highland Creek Library. On Wednesday, June 15, the library is

setting up a book display on trees for children showing the importance of trees. Please see the display and the decorations they have done by the large children's window depicting trees and the many birds, bats and animals who rely on trees.



JUNE 2022 12



attend. The Highland Creek Heritage Festival celebrates ough community with a festive day of music, food and en-

cially opens for 10:00am with an acknowledgment of lands.

ive Entertainment, Ice Princess & Spiderman, Face Paintaign. Visit local makers and business' along The Market

t Catering and their famous jerk chicken. Highland Harvest es, and plus crepes, ice cream, popcorn, candy floss. Set k! Enjoy live entertainment with Professor Pricklethorn es, Juno Nominee Girl POW-R Teen Band, Scarborough ays a hit plus the mixing of good tunes by our very own

Thank You to our 2022 Highland Creek Heritage Festival Sponsors for supporting local community!



















Professor Pricklethorn Interactive Tree Education for children of all ages



Scarborough Dukes of Harmony Barbershop Ensemble

hlandcreekheritagefestival

*visit website for schedule www.hchf.ca

Opening Ceremony

first responders in attendance.

val will feature a 'Tie a Green Ribbon Save Our Trees' campaign. With your contribution, help and support, a green ribbon will be tied around 320 trees in Highland Creek highlighting the huge destruction of healthy life giving beings that need care, not destruction!

arborist report endorses removing 271 trees, and 49 additional trees will be impacted or injured, affecting a total of 320 trees along Ellesmere Road.

Check out www.myhighlandcreek.org to get in touch.

The Oak Tree named as the City of Toronto's Official Tree. On May 14, 2022, Mayor John Tory, together with Councillor Jennifer McKelvie who is Chair of the Infrastructure and Environment Committee, unveiled the City's official tree. We in Highland Creek are also blessed with a beautiful, mature oak tree. You can see this tree on Romac Drive, and it is cared for by all the neighbours. The City also values this heritage tree and has protected it from lighting strikes. Councillor McKelvie said, "I am pleased that the City of Toronto will be creating its own arboreal emblem.

The City continuously strives to achieve a healthy, diverse and sustainable urban forest, with many climate, social and economic benefits. An official tree will continue to demonstrate our commitment to growing, enhancing and protecting Toronto's urban forest."

Durham-Scarborough Bus Rapid Transit. "We appreciate that there is a continued interest in the Durham Scarborough Bus Rapid Transit Preliminary Design Business Case, and will have more information to share with you, including updated schedules and an outline of next steps, in the coming weeks." David Phalp Senior Manager - Community Relations, Durham Region – Metrolinx (o) 416.202.5993.

Summer and Fall Lawn Sign Campaign is continuing – please sign our Community Petition at www.change.org/HighlandCreek-BRT

Tie a Green Ribbon Save Our Trees Campaign. At the Highland Creek

Heritage Festival on Saturday, June 18, with your help we want to kickstart the 'Save Our Trees' Campaign. You can do this by contributing to, or by buying a green ribbon which will be tied around every tree along Ellesmere Road that is planned for removal by the DSBRT Arborist Report. The report endorses removing 271 trees, and 49 additional trees will be impacted or injured affecting a total of 320 trees along Ellesmere Road.



Annual Clean Up Day In Highland Creek

Elma Todkill

Saturday, April 23 was the day for residents and friends to get out and collect garbage in Highland Creek. Rain was predicted but we got lucky and it remained cloudy but cool.

At least 20 volunteers arrived at the Highland Creek Wesleyan Cemetery to get gloves and garbage bags, then selecting an area in need of care.

We were able to cover:

- Old Kingston Road in the valley by UTSC
- the parkette on Morrish Road

- the off ramp from Hwy 2A to the Lawson Bridge
- Bramber Woods Park sections of the William Alexander
 Dempsey Eco Park (around the pond on the north side of Kingston Road) and ditches at Euclid and Zaph Avenue.

 Pure

A total of 70 bags of garbage was collected to be picked up by the City.

Thank you to everyone who was able to help and to those who routinely pick up trash on their walks in our lovely Highland Creek.











HCCA Annual General Meeting April 27th

Samuel P. Jacob

the Board of the HCCA was held on April 27th at the Royal Canadian Legion, Branch 258 at 45 Lawson Road. Twenty-six members of the community were in attendance along with guests, which included MPP Vijay Thanigasalam (Scarborough-Rouge Park) and Councillor Jennifer McKelvie (Scarborough-Rouge Park). This year's Annu-

al General Meeting was a landmark event as it was the last meeting headed by the outgoing president, Mr. David Adamson.



The Annual General Meeting and Election of David Adamson, who completed his tenure as President of the HCCA, was felicitated by the Hon. John Tory, Mayor of the City of Toronto, who sent a certificate of appreciation. Councillor Jennifer McKelvie presented the certificate to David and conveyed the mayor's appreciation and gratitude.

> David Adamson looked back on his years as President of the HCCA and thanked the members of the HCCA Board and the many volunteers who gave of their time to achieve the goals and projects of the HCCA during his tenure. Others who spoke paid glowing tributes to the standout service of Mr. Adamson to the Association, and to the community of Highland Creek.

MPP Vijay Thanigasalam highlighted the achievements of the work done in this community and the ongoing efforts to stop the Durham-Scarborough Bus Rapid Transit (BRT) project from running along Ellesmere Road and related issues. Garry Tanuan, the Trustee of Ward 8 of the Toronto District Catholic School Board, spoke about the 170th Anniversary of St Joseph's Church on Old Kingston Road and its meaningful existence right in the heart of the Highland Creek community. MP Gary Anandasangaree, the Member of Parliament for Scarborough-

Rouge Park, was away in Ottawa but sent his greetings and his regrets for his absence.

Bill Yarn, Vice President of the HCCA, provided an update on the food drive that has become a hallmark of the HCCA's contribution to the community. With the help of various sponsors and the community, the HCCA last year collected 506,000 pounds of food, with an additional 192,000 pounds to-date this year. The goal for 2022 is 700,000 pounds of food. This would be distributed to those in need in Toronto through The Daily Bread Food Bank.

Andrew Arifuzzaman, Chief Administrative Officer of the University of Toronto, Scarborough Campus (UTSC), introduced upcoming projects and made special mention of the Indigenous House coming up in 2023. Other projects include the Instructional Center 2, Scarborough Academy of Medicine and Integrated Health and the fastprogressing Student Residence (Fall 2023).

There was time for discussion on the Metrolinx BRT proposal to make changes to Ellesmere Road that affect the community, and the need to ramp up the representation and resistance to this proposal. The evening concluded with the election of the new office bearers of the Association for the next period.

"Volunteering is so pervasive it's invisible. We take for granted all the things that have been pioneered by concerned, active volunteers." Susan J. Ellis





MP Gary Anandasangaree, Scarborough — Rouge Park

National Nursing Week:

National Nursing Week in May was a time for us to honour nurses for their commitment and service to our community. During the pandemic, nurses courageously answered the call as they worked tirelessly to save lives, care for their patients, and make Canada a better place to call home, all while making immense personal sacrifices.

Now more than ever, nurses across Canada deserve our support. That is why our government has already provided \$4.5 billion in top-ups for the Canada Health Transfer, and an additional \$2 billion top-up in March this year. To ensure that nurses' voices and perspectives are always included in Canada's health care policies, our government will also appoint a Chief Nursing Officer for Canada.

As we emerge from this pandemic, I want to sincerely thank every one of our nurses for their efforts in getting us here. I especially want to commend the incredible nurses of the Scarborough Health Network, the TAIBU Community Health Centre, and the Jamaican Canadian Association of Nurses, as well as the long-term care nurses at the Altamont Care Community, Extendicare Rouge Valley, Ehatare Nursing Home, and the Tony Stacey Centre for Veterans Care.

Investing in Green Transportation:

The sharp increases in global energy prices, coupled with the grim realities of climate change, demonstrate the critical need for our government to invest in electric vehicles and provide Canadians with the opportunities of tomorrow. Transportation remains the second largest source of Canada's emissions, with cars and light trucks accounting for nearly half.

Our government is committed to helping Canadians transition to electric vehicles at various price points and configurations. This is why we extended our Incentives for Zero Emission Vehicles (iZEV) program to 2025 to help Canadians save up to \$5,000 when purchasing or leasing an electric vehicle. We will continue to expand the list of eligible electric vehicles as we invest in the future of clean transport. Going forward, we will continue investing in the domestic production of electric vehicles and batteries and grow our national network of charging stations.

Helping Youths Find Summer Employment:

Last month, I got the chance to connect talented youth from across Scarborough to important businesses and organizations in Scarborough—Rouge Park at our annual Youth Job Fair. Our attendees learned about resume writing and enjoyed the chance to network



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 - Citizenship
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 - · Revenue Canada
 - · Canada Pension Plan
 - Old Age Security
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 - · Employment Insurance
- · Veterans Affairs and more....

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Constituency Office

3- 3600 Ellesmere Road, Scarborough ON M1C 4Y8

with potential employers, who were eager to discuss their upcoming projects and hire right here in Scarborough—Rouge Park.

This year's Canada Summer Jobs Program is part of our plan to invest in young Canadians and will help create more than 140,000 jobs, with over 300 jobs right here in our community. With positions offered in fields like journalism, social service, and business development, youths will gain valuable work experience while supporting great local businesses and organizations.

If you are interested, you can find more information or apply for a job by visiting https://www.jobbank.gc.ca/youth



MP Gary Anandasangaree was delighted to host more than a hundred youths and employers at our Youth Job Fair

Spring Walk 2022:

Join my team and me on Sunday, June 12 at 10:00 for a guided tour of the Rouge National Urban Park. We look forward to reconnecting with neighbours and friends while taking in the beautiful sights of Rouge Park. All are welcome to attend. Please RSVP at http://tiny.cc/srp-rsvp

As always, my team and I are happy to hear your thoughts, answer any questions, and assist you with any federal matters. You can always contact my office at 416-283-1414 or Gary.Anand@parl.gc.ca

Councillor Jennifer McKelvie, Ward 25, Scarborough – Rouge Park

Dear Neighbours,

In May, I joined residents and city staff in a tree planting at Highland Creek Community Park. Together, we were able to plant 125 trees, which will improve the biodiversity and ecological health of our park and help the City reach its tree canopy cover target of 40%. Thank you to the local residents, volunteers, members of Connecting GTA and staff from Live Green Toronto, who participated.

Similarly, thanks to advocacy from local residents and the parents of students at Cardinal Leger Catholic School, I was able to approve a new pedestrian crosswalk in front of the school at Scarborough Community Council. The new crosswalk will be located on Morrish Road at Euclid Avenue and will be operational before the beginning of the new school year.

Slow Down Signs



Thank you to the local residents, volunteers, members of Connecting GTA and staff from Live Green Toronto, who participated in the tree planting at the Highland Creek Community Park.

I look forward to meeting many of you at the 35th Highland Creek Heritage Festival on June 18th and enjoying all the music, food and entertainment that the planning committee has worked hard to organize.

Update on School Safety Zones

The Vision Zero School Safety Zone is being installed at Highland Creek Public School on Military Trail. The installation will feature new school zone pavement markings and School Safety Zone signage, including permanent 'Watch Your Speed' driver feedback signs.

As a result of advocacy from local residents and the parents of Highland Creek Public School students, I was able to approve installation of a new pedestrian crosswalk at Scarborough Community Council. The new crosswalk is located on Military Trail at Bobmar Road and is now operational.

As children finish school for the year and we begin to spend more time outdoors, it's imperative that we keep our streets safe for all road users. My office is distributing "WHOA! SLOW DOWN" lawn signs to remind drivers to follow the posted speed limits. If you are interested in receiving one, please complete the request form at www.jennifermckelvie.ca/slow-down-signs and we will drop one off at your door.

Community Environment Day

Join my office at the City's Community Environment Day on Sunday, July 17th from 10:00 a.m. to 2:00 p.m. at Colonel Danforth Park (73 Colonel Danforth Trail). Drop off electronic and household hazard-

ous waste for proper disposal, as well as the following items for donation: sporting goods, books (excluding textbooks), cameras, CDs, DVDs, clothing, linens, small household items, musical instruments, board games, eyeglasses, walking aids and non-perishable food.

Free bagged leaf compost will be available for pick up (two bags per car, while supplies last). Kitchen containers for organics will also be sold for \$7.00 each (cash only).

We're Here to Work for You

You can reach us at councillor_mckelvie@toronto.ca.

To stay in touch, please sign up for my e-newsletter at jennifermckelvie.ca and follow me on social media @McKelvieWard25.

Rouge Valley Church

Join us in person or online at our family and student friendly time of 2pm

Rev. Jacob Birch



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www.rougevalleychurch.org (check out a sermon or two!)



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Kat Georgiadis: Local Resident and National Women's Volleyball Player

Annoj Thavalingam

Kat Georgiadis has spent most of Canadian team donning the red-

her 20 years on a beach and/or indoor volleyball court. Born and raised in West Hill. she was introduced to volleyball at 5 years old by her father, Jerry, elementary school teacher and school coach. Kat has been involved with Volleyball Canada's National Youth, U20 and NextGen teams over

the past 5 years. Now, she can add that she has been named to the final 25 roster of Canada's Senior A Team, currently competing at the world cup of women's international volleyball, known as the Volleyball Nations League, from May 31 to July 3.

But Kat is no stranger to the international world of volleyball. In the summer of 2018, she was the starting libero on the Canadian Youth National team, finishing 4th in an international tournament held in Tulsa, Oklahoma and finishing 2nd in Honduras. This finish secured Canada's birth to the 18U World Championships held September 2019 in Egypt. Once again, Kat earned a position on the 18U

and-white jersey of Canada in Cairo. Even though Volleyball Canada paused its inperson national team programs in 2020, she was named to the U20 squad that met virtually. In 2021, Kat was named to the NexGen (Senior B) team and trained until July before returning to Santa Clara University where

she studies and plays

NCAA Division 1 volleyball.

Kat has received numerous athletic accolades locally, provincially, nationally and internationally. She has achieved many of her goals, but one of her loftiest goals is to help the Canadian women's volleyball qualify for the Olympics. Last having competed at the 1984 Olympics in Los Angeles, the Canadian women's volleyball team began their journey to the Paris 2024 Olympics on June 1 in Shreveport, Louisiana. We wish Kat and her teammates all the best and look forward to hearing how they fare in this upcoming international showcase of women's volleyball.







Messages from the Toronto Zoo

Dolf Dejong, CEO

Hi folks! With the warm weather here in full treats often used as a force it's a great reminder of what a difference a year can make. We are excited to be open and operating in full swing this summer and welcome everyone to join us for some amazing summer programming. Thanks to the diligence of our veterinary and Wildlife Care teams, we are now vaccinating our COVID-susceptible animals. While we have enjoyed some really wonderful virtual programming over the last two years, we are so looking forward to seeing everyone on-site enjoying our new Wild Encounters tours, Splash Island and our Gorilla Climb Ropes Course.

You may be wondering how we are able to get up close enough to administer the vaccines to these animals (especially those with large teeth and claws!). The answer: We give them the choice!

Voluntary positive reinforcement training is something the Wildlife Care staff have been working on with the animals in our care for many years and has been an integral step in ensuring the vaccine rollout results in minimal stress and disruption to the animals' routines. Many of the animals willingly present an area of the body (such as an arm or tail) as part of their regular training exercises with their trusted keepers, with desirable Imaging, Treatment, Surgery, Clinical Lab

reward for their participation.

A key component of these training sessions is that the animal always has the choice to participate

in the training session or walk away and try again another time. This is not limited to just the vaccines either! Many of the animals are happy to participate in regular xrays, blood draws and hoof trimming, which allow the keepers and veterinary team to monitor their health regularly without caus- The Wildlife Health Centre is located behind ing the animals any undue stress. It requires constant patience and dedication, and it is a testament to the trust that is developed between the animals and their keepers as they ture, and aesthetics. Check out the 'We're work together each day.

If you're interested in seeing more of the interactions between our vets and the animals they care for, be sure to check out our state-of-the-art Wildlife Health Centre during your next visit. Open daily during our regular operating hours you can catch a glimpse of the work we do behind-thescenes having access to a viewing gallery featuring the following rooms: Diagnostic



and Endocrinology Lab. The facility was specially designed to tend to every need of the animals, while also providing guests increased visibility during many of the procedures that take place daily!

our Greenhouse, which boasts plants from all over the world arranged biogeographically. We grow these plants for browse, furniin Bloom' table where we highlight plants currently blooming in the Greenhouse; and our propagation table, where seedlings are grown for future use in pavilions and gardens around site.

Thank you for your continued support, and I'm looking forward to crossing paths with you this summer at your Toronto Zoo!

Nothing says friendship, sympathy, or love quite like fresh flowers. From birthdays to Mother's Day to get well flowers, you can trust Lavender Rose Flowers, Inc. to have just the right bouquet for any occasion.



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Toronto Catholic District School Board

Garry Tanuan, Trustee



As we near the completion of another school year, we have much to be grateful for, not the least of which is this year's in person graduations! I look forward to sharing this momentous & memorable occasion

with you. A big Thank You to the principals, teachers, parents, guardians, school councils and many volunteers for dedicating your time, talent, and treasure to ensure our graduates receive the celebration they deserve.

TCDSB Awards Night

Awards night honours the accomplishments of our alumni, students, staff, and friends of Catholic education. Held on May 2, 2022, below are just a few of the award categories and respective recipients. Congratulations and well done! For the full story see here:

https://www.tcdsb.org/Board/awards night.

Black Alliance Club, which included leading events during Black History Month.

Angela Dominique Austria

Francis Libermann Catholic Secondary School

A student leader holding roles as Student Council Treasurer, member of CSLIT, and a mentor and tutor to many peers through her involvement in



the grade nine transition program.

2022 National Philippine Parliamentary Internship Program

Young professionals of Philippine descent are invited to engage in a summer internship program on Parliament Hill and/or learn as well as contribute to a local Member of Parliament or Senators' office. See

here: https://www.tcdsb.org/ FORCOMMUNITY/HeritageCelebration/ FilipinoHeritageMonth/Pages/Default.aspx

13-year-old Toronto Artist Becomes Youngest Reggae Nominee ever at Juno Awards

Toronto artist and student at Blessed Pier Giorgio Frassati Catholic School, Kairo McLean is making history at the Juno Awards this year, becoming the youngest person ever to be nominated for Reggae recording of the year. He picked up his first instrument at the age of 3, now 13-years-old. For full story see here: https://globalnews.ca/video/8831615/13-year-old-toronto-artist-becomes-youngest-reggae-nominee-ever-at-juno-awards/

REGISTRATION NOW OPEN!

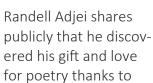
Registration is now open for Summer School. 2022 summer courses for inperson, remote and e-Class learning begins Monday, July 4th and end Wednesday, July 27th. See here: https://www.tcdsb.org/ProgramsServices/ContinuingEducation/Pages/Default.aspx

Questions or more info.?

Contact: Trustee Garry Tanuan (416) 512-3408 or Ida Serpe (416) 222-8282 ext. 2659

TCDSB Alumni Award

Randell Adjei At. Mother Teresa Catholic Academy, Class of 2009



for poetry thanks to the support and inspiration from one of his Grade 8 teachers who introduced him to writing as a means for self-expression to deal with challenges he was facing. This inspired his path as a published writer and

Ashif Jaffer Award for Excellence in Special Education Support

becoming Ontario's first Poet Laureate.

Mary Miller

ME/DD Teacher, Cardinal Leger Catholic School

This award recognizes a TCDSB teacher, education assistant, peer tutor/helper or volunteer who has demonstrated excellence in the support of Special Education.

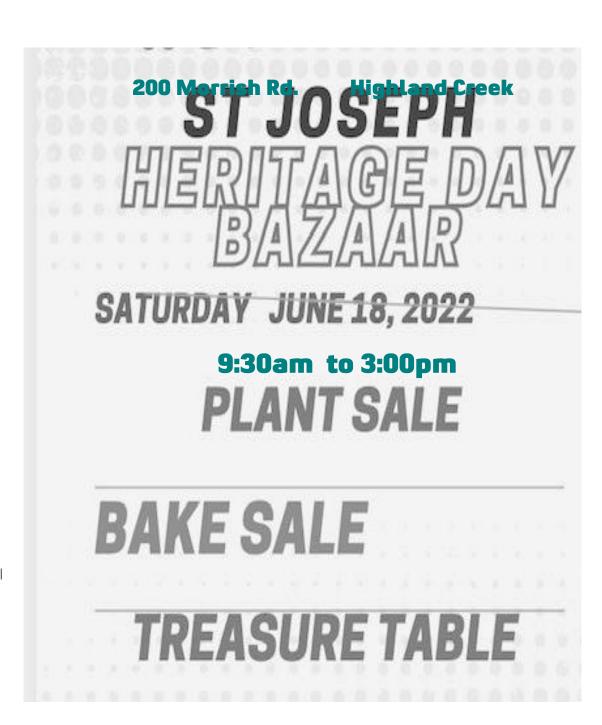
Student Achievement Awards

Adrian Ede Omoruvi

Francis Libermann Catholic High School



A student leader, and active community volunteer with FOCUS Youth, Adrian holds roles as Student Council Treasurers, and member of Libermann's





Toronto District School Board Updates

Dr. Anu Sriskandarajah, Trustee

The 2021 Annual Indigenous Education Report was presented at the May 2022 Program

and Services Committee Meeting. In March 2014, the Ministry of Education provided an updated Ontario First Nation, Métis and Inuit **Education Policy Framework Implementation** Plan for school boards. In November 2017, the Ministry informed school boards they had to create plans to address the Truth and Reconciliation Commission (TRC) of Canada: Calls to Action. The Toronto District School Board's Indigenous Education strategy focuses on supporting student achievement and wellbeing by centering Indigenous perspectives, providing "wholistic" supports for Indigenous students and families. Implementation of the Board's Indigenous Education strategy is overseen by the staff at the TDSB Urban Indigenous Education Centre (UIEC). UIEC staff develop and deliver programs and services to students, staff, and communities across the Board, covering the Seven Canopies of Indigenous Education:

- Student Well-Being and Voice
- Professional Learning
- Community Engagement
- Programming, Curriculum Development, and Implementation
- Research, Development, and Innovation
- Partnerships
- Reconciliation, Relationships, and Governance

For information please refer to https://www.tdsb.on.ca/Community/Indigenous-Education

Planning for the Renewal of the Multi-Year Strategic Plan

The current TDSB Multi-Year Strategic plan is nearing the end of its fourth year and will require the creation of a new strategic plan that will reflect current realities, including:

- Indigenous Education
- Truth and Reconciliation Commission of Canada: Calls to Action, 2015
- Pandemic recovery and student, family and staff re-engagement
- Board's current financial situation
- Recommendations from Board Self-Assessment Tool

Barrier-free employment resource centre in Scarborough

Did you know Community Services operates a free employment resource centre in Scarborough? The Scarborough Centre for Employment Accessibility provides free resources to all job seekers, including people with disabilities. Visit www.AccessibleErc.com now.

Becoming an Ontario-licensed hairstylist through TDSB

The TDSB Community Services' Studio500 Hairstylist program offers an extremely accessible pathway to become a licensed hairstylist in Ontario. Visit https://www.tdsb.on.ca/ Adult-Learners/Employment-Services/ Hairstyling-Training> for more information!

Bicycle Safety

With warmer weather approaching, children may be participating in more outdoor activities like bike riding. To help keep children safe while playing outdoors this summer please follow social distancing and all other guidelines provided by Toronto Public Health. When children are riding their bicycles, parents and caregivers can take steps to protect them.

Here's how:

- Make sure children wear the correct helmet properly when they ride. Ontario's bike helmet law requires all children and youth under age 18 to wear an approved bike helmet when riding a bicycle.
- Keep children away from traffic when they use wheeled sports equipment.
 Make sure they ride in a safe place.
- Teach children how to:
 - steer, brake and ride in a straight line
 - wear the right safety gear, and,
 - do a safety check every time they ride a bicycle,
 - scooter, skateboard, use in-line skates or wear shoes with wheels.
- Be within arm's reach when your children are learning to ride any wheeled equipment.
- Tell children that you are happy when you see them riding safely.
- Remind children of the safety rules when they forget.



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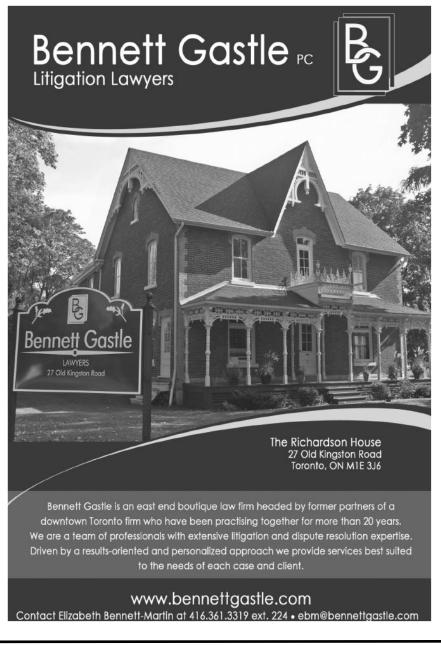
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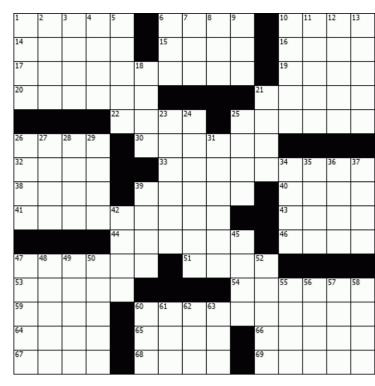
www.myhighlandcreek.org

In the mirror of life the ripples of time project anew while each moment of light simply reflects back to you every changing nuance captured from a distance is focused to the point of radius, it's your accrue incurved leaning towards your personal perception the mirror of life delivers the path to your personal truth Whether accurate or not you shape your reflection according to what you see and what you deduce; Intuit thoughts arise and suddenly the mirror cracks with arms wide open, come to accept yourself In a world of monumental perfect, flaws are beautiful too the mirror of life is kind to you, when you decide to look deeper than the surface, wider than the sea in the end the mirror says, " it's always been you and me "

Crossword

Across

- 1. Respect
- 6. Very much (2 wds.)
- 10. Coffeehouse
- 14. Elude
- 15. Nevada town
- **16**. Iridescent gem
- 17. New Year's Day promise
- 19. Summon
- 20. Catches
- 21. Racetrack animal
- 22. Koppel and Kennedy
- 25. Straighten up
- 26. Window frame
- **30**. Zone
- **32**. ____ of Capri
- 33. Dawdling
- **38**. Hideout
- **39**. Author lules
- 40. Laundry appliance
- 41. Hot and cold, e.g. 43. California valley
- 44. Eyed slyly
- 46. Recognized
- 47. Camera support
- 51. Strike
- 53. Restore
- 54. Infant's toy
- 59. Drama divisions
- **60**. Admission of guilt
- **64**. Rudely abrupt 65. Fido's treat
- **66**. Pay out
- 67. Love god
- 68. Lose fur
- 69. Double curves



Down

- 1. That girl's
- 2. Cookie cooker
- 4. Fragrance
- 5. Leased again
- **6**. Picasso's creation
- 7. Island garland 8. Artist Yoko
- 9. Weight measure
- **10**. Hot chocolate
- 11. Separated 12. Untrue
- _ Barkin **13**. Actress _
- 18. Avails oneself of 21. At this location

- 23. Erase
- 25. Brief message **3**. Apollo agcy. 26. Grain tower
 - 27. Urgent abbr.
 - 28. Lose one's footing
 - 29. Superman, e.g. **31**. Christmas glitter
 - **34**. Hockey arena

24. Point winners

- **35**. OPEC member **36**. Yep's opposite
- **37**. Chew on
- 39. Contended 42. Sluggish
- 45. Be bold

- 47. Track down
- 48. Happen again
- 49. Preface
- **50**. Irritating ones
- **52**. Old hat
- 55. Chef's measures (abbr.)
- 56. Formal accessories
- 57. Unescorted
- 58. Remnants
- 60. TV network
- **61**. "Wow!"
- 62. Vane dir.
- 63. Nourished

Sudoku

The Mirror of Life

The classic game Sudoku consists of a grid divided into nine large squares, each containing nine cells. The rules of the game are as follows: Fill in numbers 1-9 into each cell, but each number can only appear once in any given row, column or larger square. Each puzzle has only one correct solution. Good luck!

Game 1

	5	, , , , , ,			8	1		2
8	1		6	9		4		
	4					9		
	2		8		5		3	
		8					5	
		1		3	9		4	7
7		3	4				6	

Word Search

Environment

Α	D	D	N	L	Р	I	S	F	E	Т	S	I	Α
T	T	0	L	Α	E	P	E	S	Т	L	Α	С	S
S	W	0	Т	0	E	T	Т	В	Α	Т	L	G	Α
E	T	L	U	С	F	С	F	Т	Т	С	U	S	٧
R	L	F	I	Α	Α	U	М	I	I	E	М	P	E
0	E	E	S	0	U	R	С	E	В	F	I	Α	R
F	S	T	E	T	T	I	T	S	Α	F	N	С	Ε
Υ	G	R	E	N	E	E	U	В	Н	Ε	I	E	Υ
E	N	D	Α	N	G	Ε	R	E	D	В	U	C	Α
P	E	S	0	L	Α	R	N	R	U	C	M	I	L
Α	E	S	L	S	В	E	0	I	P	N	С	Α	Ε
Ρ	R	L	M	P	R	F	F	M	Α	E	E	Y	L
E	Ε	0	L	В	Α	0	F	E	T	S	Α	W	0
R	G	0	I	S	G	T	L	I	Т	Т	E	R	Н

TURN OFF **SPECIES** ALUMINIUM SAVE HABITAT WASTE ICE CAPS SOLAR HOLE LAYER SOURCE SMOG **FLOOD** PAPER TAP LITTER **GARBAGE**

> **EFFECT FOREST ENERGY**

ENDANGERED

Game 2

		3		7				1
	1	5	6					
2	8		1		4			
	2	8				7		
3			39	2				4
		7				2	6	
			3		9		5	7
					6	8	1	
5				8		6		

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HCCA gives \$500 to RCL Highland Creek Branch 258

On May 1st this year the Highland

Creek Community Association pre-

cility throughout many years for

ciation, Billy Yarn, VP HCCA,

sented Royal Canadian Legion Branch 258 with a cheque for \$500 for offering the HCCA extended use of the fa-

meetings and gatherings. On behalf of

the Highland Creek Community Asso-

~ LT



Photo L-R: Richard Viles, June Viles, Billy Yarn, David Adamson

presented the donation to June Viles VP Branch 258 and Richard Viles, President Branch 258 and David Adamson. Past President Branch 258.

~Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, All of which have the potential to turn a life around.

Leo Buscaglia



Caretaker of Many Things Highland Creek

Highland Creek Elder, Blair Anderson, spends 3 to 4 hours a week mowing the lawns of Wesleyan Cemetery. "I've been offered a riding lawn mower but I don't want one. It's my exercise" said Mr. Anderson as he paused from his weekly lawn maintenance ritual to have a visit.



Photo: Blair Anderson

I imagine many folks stop to visit with Blair, a well liked person whom I am grateful to call my friend since arriving in the neighbourhood. He's a "go-to person" for many friends and neighbours; with a gift for holding space, listening well. Blair tells a good story, too.

Thank you Blair for all that you do — Highland Creek historian, years of dedicated community service to the HCCA, The Villager, The Highland Creek Heritage Festival and the gardens of our lovely Highland Creek.

~LT



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~Volunteerism is the voice of the people put into action.
These actions shape and mold the present into a future of which we can all be proud.

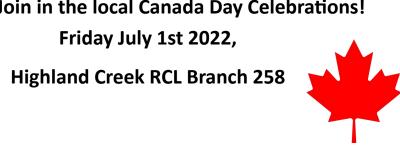
Helen Dyer

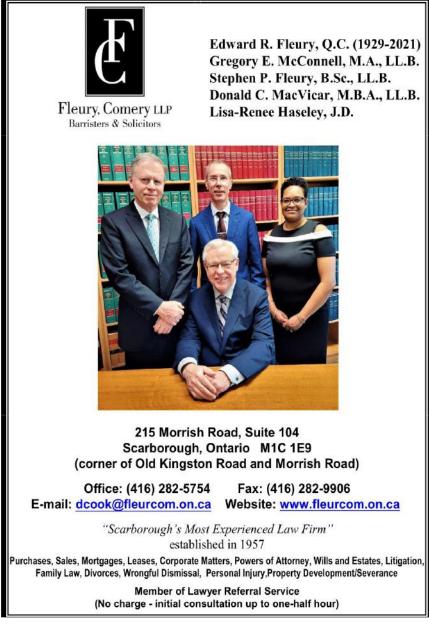
~At the end of the day it's not about what you have or even what you've accomplished. It's about who you've lifted up, who you've made better. It's about what you've given back.

Denzel Washington

Heritage Day Celebrations June 18th, 2022 **Highland Creek Heritage Festival in the Highland** Creek Community Park: 10am-4pm & Heritage Day June Bazaar at St. Joseph's Church 200 Morrish Road. 9:30am-3pm

Join in the local Canada Day Celebrations! Friday July 1st 2022,









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